

Psychological Care Clinic

For Whom?

The Psychological Care Clinic caters to the needs of those individuals who wish to seek professional help from clinical psychologists for dealing with various psychological issues and problems.

What Kinds of Services?

The Psychological Care Clinic offers brief psychological counseling and therapies. The number of sessions for any given client typically ranges between 3 and 6. A rapid evaluation process in the first session ensures that the clients are helped in obtaining the kind of intervention that is best suited for them. If longer term intervention / several sessions/ specialized services are required; the clients are referred to appropriate services for the same.

Team

The Psychological Care Clinic is run by a team of faculty from the Department of Clinical Psychology as well as junior consultants who have completed their professional training in clinical psychology.

Where and When?

The Psychological Care Clinic runs on once a week basis at the NIMHANS CENTER FOR WELL BEING (NCWB) on every Saturday (Except second Saturday) from 9.30 am to 1 pm.

For appointments

Contact -NIMHANS CENTER FOR WELL-BEING

Site No. 1/B, 1st Stage, 9th Main, 1st Phase

BTM Layout, Bangalore-560019

Phone: 9480829670, 080-26685948

Email: nimhans.wellbeing@gmail.com