



# MOOD DISORDERS CME- 2023

To commemorate World Bipolar Day 2023

Dates 11<sup>th</sup> & 12<sup>th</sup> March 2023

## Organizing Committee

### Patron

Dr. Pratima Murthy

### Chairperson

Dr. YC Janardhan Reddy

### Organizing Secretaries

Dr. Rashmi A

Dr. Preethi V Reddy

### Organizing Committee

Dr. Muralidharan K

Dr. Sreeraj V S

Dr. Nishanth

Dr. Suhas Satish

Dr. Deepak S

Ghadigaonkar

Dr. Nabagata Das

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Dear Ma'am/Sir,

Greetings from NIMHANS, Bengaluru!

To commemorate World Bipolar Day 2023, the Department of Psychiatry, National Institute of Mental Health and Neuro Sciences (NIMHANS) & Society of Bipolar Disorders India (SBDI) are organizing a Continuing Medical Education (CME) programme for Post Graduates in Psychiatry. The CME will be *held on 11th and 12th March 2023*, at *NIMHANS Convention Centre Hall - B*

This CME aims to provide Post Graduates with an update on important clinical aspects of Mood Disorders. We are delighted to inform you that this year we are organizing *PG quiz and also Poster competitions*. We are looking forward to have many budding psychiatrists be a part of this.

Details of the quiz/poster competitions and all other updates of the CME will available on the website:

<https://mooddisorderscme2023.wordpress.com>

On behalf of the organizing committee, we cordially invite you to the CME.

We look forward to your active participation in the CME!

With best wishes,

**Dr. Rashmi A**

**Dr. Preethi V Reddy**

(Organizing Secretaries)

[mooddisorders.nimhans@gmail.com](mailto:mooddisorders.nimhans@gmail.com)

Sponsored by:



**Day 1 – 11<sup>th</sup> March 2023**

Time	Topic	Speaker	Chairperson
<b>1:00 – 2:00 pm</b>	<p>Quiz - Preliminaries            Quiz Masters: Dr. Suhas Satish / Dr. Preethi V Reddy  <i>Assistant Professors of Psychiatry, NIMHANS</i></p>		
<b>2:00 – 2:45pm</b>	Depression In Neurological Disorders: A Clinical Approach	Dr. Rashmi A <i>Associate Professor of Psychiatry, NIMHANS</i>	Dr. Netravathi M <i>Professor of Neurology, NIMHANS</i> Dr. Harish T <i>Professor of Psychiatry, NIMHANS</i>
<b>2:45-3:30 pm</b>	Mood Disorders In ICD-11 & DSM 5: An Update	Dr. Nishant Goyal <i>Professor of Psychiatry, CIP Ranchi</i>	Dr. Poornachandrika <i>Professor of Psychiatry, IMH Chennai</i> Dr. C. Naveen Kumar <i>Professor of Psychiatry, NIMHANS</i>
<b>3:30- 4:15pm</b>	Novel/Newer Antidepressants	Dr. S Shalini Naik <i>Assistant Professor of Psychiatry, PGIMER Chandigarh</i>	Dr. G Venkatasubramanian <i>Professor of Psychiatry, NIMHANS</i> Dr. Johnson Pradeep <i>Associate Professor of Psychiatry, St. Johns Medical College and Research Hospital</i>
<b>4:15 – 4:30 pm</b>	<b>Tea Break</b>		
<b>4:30 – 4:45 pm</b>	<p>Inauguration            Welcome address: Dean Behavioural Sciences/HoD Psychiatry            Presidential address: Director NIMHANS</p>		
<b>4:45 – 5:45pm</b>	Debate: Lithium Remains The Gold Standard Treatment For Bipolar Disorder	<p><b>FOR</b>            Dr. Ramandeep <i>Professor of Psychiatry AIIMS, Delhi</i></p> <p>Dr. Biju Viswanath <i>Additional Professor of Psychiatry, NIMHANS</i></p> <p><b>AGAINST</b>            Dr. Samir Praharaj <i>Professor and Head, Dept. of Psychiatry KMC, Manipal</i></p> <p>Dr. Divya Nallur <i>Senior Consultant Psychiatrist and Clinical Director, Amaha Bangalore</i></p>	Dr. YC Janardhan Reddy <i>Professor and Head, Dept. of Psychiatry, NIMHANS</i>

<b>5:45-7:30 pm</b>	Poster Presentations	Dr. Sreeraj VS <i>Associate Professor of Psychiatry, NIMHANS</i>
<b>7:30 pm onwards</b>	Banquet dinner	

**Day 2 – 12<sup>th</sup> March 2023**

Time	Topic	Speaker	Chairperson
<b>9:00– 10:00 am</b>	Course And Outcome Of Bipolar Disorder	Dr. Sandeep Grover <i>Professor of Psychiatry PGIMER, Chandigarh</i>	Dr. Geetha Desai <i>Professor of Psychiatry NIMHANS</i> Dr. Vikram Prabhu <i>Consultant Psychiatrist Apollo Hospital, Bangalore</i>
<b>10:00-10:45 am</b>	Staging And Neuro-progression In Bipolar Disorder: Translational Applications And Early Interventions	Dr. Preethi V Reddy <i>Assistant Professor of Psychiatry, NIMHANS</i>	Dr. Nand Kumar <i>Professor of Psychiatry AIIMS Delhi</i> Dr. A. Shyam Sundar <i>Professor of Psychiatry NIMHANS</i>
<b>10:45-11:30 am</b>	Bipolar Depression: Clinical Conundrums And Treatment Dilemmas	Dr. Sonia Shenoy <i>Associate Professor of Psychiatry, KMC, Manipal</i>	Dr. Muralidharan K <i>Professor of Psychiatry, NIMHANS</i>  Dr. Mahesh Gowda <i>Consultant Psychiatrist, Spandana Hospital, Bangalore</i>
<b>11:30 – 11:45 am</b>	Tea Break		
<b>11:45-1:15pm</b>	QUIZ FINALS Quiz Masters: Dr. Suhas Satish/ Dr. Preethi V Reddy <i>Assistant Professors of Psychiatry, NIMHANS</i>		
<b>1:15-1:30pm</b>	Valedictory		
<b>1:30 pm onwards</b>	Lunch		

# Mood Disorders CME 2023

Invites you to the

Reds & Blues – Mood Disorders Quiz!

## Eligibility criteria

*Junior Residents pursuing MD/Diploma/DNB in Psychiatry*

*Senior Residents less than 3 years post MD Psychiatry*



***LAST DATE FOR REGISTRATION IS  
1ST MARCH 2023***

***PRELIMS- 11TH MARCH 2023, 1:00 PM***

***FINALS- 12TH MARCH 2023, 11:45 AM***

**Registration is free but compulsory**

**[CLICK HERE TO REGISTER](#)**