



## Association for the Improvement of Mental Health Programs, Geneva

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## Dr Ramachandra N Moorthy Foundation for Mental Health & Neurological Sciences, Bangalore

# <u>Ninth Leadership and Professional Skills Course</u> <u>for Early Career Psychiatrists</u>

The Leadership and Professional Skills Course for Early Career Psychiatrists at the National Institute of Mental Health and Neurosciences (NIMHANS), Bangalore is an educational activity for early career psychiatrists held under the auspices of the Dr Ramachandra N Moorthy Foundation for Mental Health and Neurological Sciences at NIMHANS – created through a generous donation by Dr Ramachandra N Moorthy, an Indian born Canadian psychiatrist from Vancouver, Canada.

The Inaugural Leadership and Professional skills course was held in December 2012; since then, these have been conducted every year.

The Courses are organized in collaboration with the Association for the Improvement of Mental Health Programs, Geneva, of which Professor Norman Sartorius, is the President. The Ninth Leadership and Professional Skills course for early career psychiatrists will be held from 30<sup>th</sup> Jan to 1<sup>st</sup> Feb 2023 at NIMHANS, Bangalore, India.

## Aims of the Workshop:

The Leadership and Professional Skills Course will bring together a small group of promising early career psychiatrists from India, selected through an open, objective selection process. The Course will aim to inspire and encourage early career psychiatrists to use their talent and capacity to the full in their work and to take up leadership roles in finding solutions to the country's mental health problems in a variety of ways and in various settings through the government, NGO and private sector, as well as in their academic, research, training and administrative activities. The Course will aim to enable participants to use professional skills, such as those applicable in communication - in clinical work, teaching, and mass media. Additionally, it will focus on skills helpful in the organization and management of services through individualized and group skill-building training

During the course, which will be highly interactive, the participants will be expected to make a brief presentation (of 8 minutes) on a topic of their choice and to bring along a poster on a topic of their choice.

## Faculty of the Workshop:

- Professor Norman Sartorius, MD; Ph.D., FRCPsych, President, Association for the Improvement of Mental Health Programmes, Honorary, Adjunct or Visiting Professor at the Universities in St. Louis, New York, Zagreb, London, and Beijing, former Director of the Department of Mental Health, World Health Organization (WHO), past President of World Psychiatric Association (WPA)
- Professor Mohan K Isaac, MD, DPM, FRCPsych, FRANZCP, Professor of Psychiatry (Population Mental Health), School of Psychiatry and Clinical Neurosciences, The University of Western Australia, Perth & Visiting Professor of Psychiatry, NIMHANS Bangalore.
- 3. **Dr Santosh K Chaturvedi**, MD, FRCPsych; Consultant Psychiatrist; Former Dean (Behavioural Sciences), & Retired Senior Professor of Psychiatry, NIMHANS, Bangalore.
- 4. **Dr Pratima Murthy**, DPM, MD, FRCP (Glasg); Director & Senior Professor of Psychiatry NIMHANS, Bangalore
- 5. Dr Prabha S Chandra, MD, FRCPE, FRCPsych, Dean (Behavioural Sciences) and Senior Professor of Psychiatry & Member Secretary, Dr Ramachandra N Moorthy Foundation for Mental Health and Neurological Sciences, NIMHANS, Bangalore

#### Date & Venue:

The Course will be held at NIMHANS Convention Centre, Bangalore, India, from the 30<sup>th</sup> of January, 2023, to the 1<sup>st</sup> of February, 2023.

#### Who can nominate?

Nominating persons can be Heads of the Departments of Psychiatry/ Heads of professional bodies and psychiatric societies or Senior mental health professionals. Alumni of previous Early Career Psychiatrist courses at NIMHANS can also nominate.

### Eligibility criteria:

The applicants should be close (within one year) to completing their postgraduate training in psychiatry or should have completed their training in psychiatry not more than five years back.

## **Application Process:**

It is a 2 step process [Both steps are essential and need to be completed for successful submission of the application]

*Step 1*: Please fill up the form by clicking on the link below <u>https://forms.gle/f7L</u> <u>https://docs.google.com/forms/d/122TbMRTxf3Ut0qiMj1reQkA66r9v</u> <u>vM95p5MAvGjuTQU/editdpR8Eqj5adKXVA</u>

Step 2: Please send the following documents to both the email IDs nim-rnmf@nimhans.ac.in leader.nimhans@gmail.com

- 1. A brief resume (curriculum vitae) of the applicant
- 2. A letter from the nominating person giving reasons for proposing the nominee.
- 3. A letter from the nominee saying why they would like to attend the course.

### **Important Dates:**

**Course from 30<sup>th</sup> January to 1<sup>st</sup> February 2023**. The participants will be expected to arrive on 29<sup>th</sup> January in Bangalore, and they **have to attend the complete Course till the end of the evening, i.e., 5 pm on the 1<sup>st</sup> of February 2023**.

Last date for Applications: 30th November 2022

You will hear from us about the selection on or before the 30<sup>th</sup> of December, 2022.

Selected applicants will be provided with eligible travel costs (the cheapest and shortest route airfare) to attend the Course and local hospitality (boarding and lodging) at NIMHANS, Bangalore.

## Workshop Co-ordinators:

- 1. Dr Arun Kandasamy, MD Additional Professor of Psychiatry, NIMHANS
- 2. Dr Krishna Prasad, MD Additional Professor of Psychiatry, NIMHANS
- 3. Dr Suhas Satish, MD Assistant Professor of Psychiatry, NIMHANS

Contact details: leader.nimhans@gmail.com

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