



Second announcement
With revised registration details

Virtual symposium on
Behavioural Medicine: Understanding relationships between health and illness

20th and 21st January 2023

Organized by the Behavioural Medicine Unit, Department of Clinical Psychology, National Institute of Mental Health and Neurosciences
(An Institute of National Importance)
Bangalore

About the Symposium

The Behavioural Medicine Unit, Department of Clinical Psychology is pleased to announce a two-day virtual symposium on Behavioural Medicine: Understanding relationships between health and illness, on **20th and 21st January 2023**. Keeping recent trends in mind, this two-day virtual symposium will bring together topics that are of increasing relevance in the current times. The symposium will include scientific deliberations by experts on obesity, sleep, immune functions and stress, pain and its management, Psychodermatology, and recent trends in the area of sports medicine.

Overview of topics

- Obesity and eating disorders
- Psychoneuroimmunology: Stress and health interface
- Sleep: An overview of sleep disorders and their clinical management
- Chronic Pain: current perspectives in clinical management
- Sports medicine and Sports Psychology
- Psychodermatology- Stress and the skin

When and where: 20th and 21st January 2023 in a virtual mode

Who can attend the symposium?

- Clinicians from the fields of mental health, medicine, nutrition, nursing, and other health care professionals.
- Postgraduate students in psychology, and related disciplines, medicine, nutrition, nursing, and other allied healthcare specialties
- Individuals associated with NGOs/private organizations in the field of health care.

Registration

To register for this symposium, complete the registration form using the link given below. You may **copy and paste the link into your browser**.

<https://forms.gle/FYcfVbMfmWx2gR1h9>

Revised Registration Fees

Professionals	Rs.1000/-
Students	Rs.500

Mode of payment:

The registration fee must be paid using the Online- SBI collect. All payments should be made online using the following link (see details below).

Copy and paste the link given to the browser, in drop-down options select “**Seminar registration fees**” and in the remarks/note section mention “**Behavioural Medicine Symposium**”

<https://www.onlinesbi.com/sbicollect/icollecthome.htm?corpID=215458>

SB Collect through NIMHANS Website <https://nimhans.ac.in/>

Click on **PAYMENTS** link in home page,

E.g.

- Select State ‘**Karnataka**’,
- Type of Institution “**Educational**”,
- search and select the Institution “**THE DIRECTOR, NIMHANS**”,
- Select Category "**Seminar Registration Fee**"
- Fill Registration **FORM**
- Make **Payment**
- Print **Acknowledgement**

Please complete the registration form using the google form link given and include details of your payment along with qualifications and reasons for attending this symposium.

Kindly mail details of your registration to:

symposiumbehaviouralmedicine@gmail.com

Symposium coordinator:

Dr. Paulomi M. Sudhir, Professor, Department of Clinical Psychology, NIMHANS, Hosur Road, Bangalore-560029.

Contact details: 91-80-26995184/5177;91-94480-83521;

Email: symposiumbehaviouralmedicine@gmail.com

Co-Coordiators:

Dr. Manjula M., Professor, Department of Clinical Psychology, NIMHANS

Dr. Ajay Kumar, Associate Professor, Department of Clinical Psychology, NIMHANS.