## **ORIENTATION WORKSHOP ON**

# "PROMOTION OF MENTAL HEALTH AND PSYCHOLOGICAL WELL-BEING OF ADOLESCENTS USING LIFE SKILLS APPROACH"



### **WORKSHOP COVERAGE**

BASIC ORIENTATION ON
MENTAL HEALTH PROMOTION,
INTERACTIVE SESSIONS ON
TEN LIFE SKILLS FOR
ADOLESCENTS,
FACILITATION SKILLS,
EXPERIENTIAL LEARNING

#### **WHO CAN ATTEND?**

SCHOOL COUNSELLORS,
TEACHERS, EDUCATORS,
SOCIAL WORKERS,
PARENTS NURSES, AND
OTHER MENTAL HEALTH
PROFESSIONAL
WORKING WITH
ADOLESCENT'S ISSUES.

## **WORKSHOP FACILITATORS: DR.VRANDA M N & TEAM**

REGISTRATION FEE

RS.500/-

13 SEPTEMBER 2022, 9.30 AM TO 4.30 PM VENUE: MIND SPACE, NIMHANS CENTRE FOR WELL-BEING A MAXIMUM OF 35
PARTICIPANTS
WILL BE
ACCOMMODATED ON
A FIRST COME
FIRST SERVE
BASIS