



**VEDIC INDIAN PSYCHOLOGY RESEARCH & APPLICATION (VIPRA) DIVISION
DEPARTMENT OF CLINICAL PSYCHOLOGY
NATIONAL INSTITUTE OF MENTAL HEALTH & NEUROSCIENCES (NIMHANS),
BENGALURU, INDIA**

PRESENTS

**ANNUAL SYMPOSIUM ON INDIAN PSYCHOLOGY
THEME: INTEGRAL YOGA PSYCHOLOGY
5-6 AUGUST, 2022 (ONLINE)**



Sri Aurobindo (1872-1950), is one of the most important yogi-philosophers of modern times. The year 2022 marks his 150th Birth Anniversary and is being commemorated by the Government of India.

The comprehensive synthesis which Sri Aurobindo made of Indian and Western, spiritual and scientific thought is one of his seminal contributions to the future of humanity. His Integral Yoga provides not only a comprehensive ontological and epistemological foundation for psychology, but also effective methods for psychological change and inner growth. Together these can be used to develop rigorous research methods to study human behavior and experience. In this symposium we'll highlight some of the theoretical and practical aspects of his work.

Confirmed speakers

(More confirmations awaited after which the complete schedule will be shared with the participants)

*Integral Yoga Psychology:
Its Basic Principles and their Implications*



Dr. Matthijs Cornelissen, Faculty Sri Aurobindo International Centre of Education, Former Director, Indian Psychology Institute, Puducherry

*Consciousness Based Psychology:
Spiritual Emergencies*



Dr. Soumitra Basu,
Psychiatrist & Author,
Kolkatta & Puducherry

The Ascent of Man



Dr. Alok Pandey, Ex-IAF,
Psychiatrist & author,
Sri Aurobindo Ashram, Puducherry

*Sri Aurobindo's Integral Psychology, and its
Role in Resolving the Current Crisis and
Limitations in Academic Psychology*



Dr. Suneet Varma, Professor, Dept of
Psychology, University of
Delhi

An Integral Approach to Health Care



Dr. Larry Seidlitz, Psychologist, Editor &
Scholar at Sri Aurobindo Centre for
Advanced Research (SACAR), Puducherry

Theorems on Binaries and Sri Aurobindo



Dr. Kundan Singh, Psychology Faculty,
HUA & Sofia University, USA

*Jewel Centers:
How to Include the Earth in Psychology*



Dr. Michael Miovic, Psychiatrist, Veteran'
Administration (VA), Boston Healthcare
System & Harvard Medical School, USA

*Active Methods of
Accessing the Subliminal*



Mr. Manoj Pavitran, Educator, Film-maker
& Co-founder Purnam Centre for
Integrity, Auroville

*Satyam:
Living Authentically*



Dr. Anuradha Choudry, Faculty, IIT
Kharagpur & Coordinator, Indian
Knowledge Systems Division, Ministry of
Education & AICTE, New Delhi

*Integral Psychology,
Youth and Identity*



Dr. Monika Gupta,
Associate Professor,
Gargi College, University of
Delhi

The seminar is intended for mental health professionals (including trainee therapists), academicians and researchers working in the area of Indian Psychology and Yoga. For registration, contact: vipra.nimhans@gmail.com (Last date 31/07/22)

Coordinator: Dr. Jyotsna Agrawal, Associate Professor
Department of Clinical Psychology, NIMHANS