



## Public Lecture on

# Understanding emotional and behavioural issues among adolescents in school context

**Date: 08<sup>th</sup> July 2022**

**Time: 3.30 PM – 4.30PM**

Adolescence is a transition stage to adulthood. It is marked by important changes in biological, psychological and social domains. Importantly, need for autonomy, abstract thinking and social and interpersonal relations are very evident during this phase. All these changes demand good coping skills on part of the adolescents. Many adolescents will successfully meet these demands and cope well. But, some adolescents may need support, especially from parents, teachers and peers. Like any school going group, adolescents also spend major part of their day in school. Therefore, teachers and schools can foster the psychological well-being of adolescents. In this regard, this talk will focus on practical tips to teachers to deal with the emotional and behavioural issues of adolescents within the school context.

**Follow the link to register:**

**[https://nimhans-ac-in.zoom.us/meeting/register/tZ Euc-murDsjGtUwdR3wjUQeWNCtJi hKmbAW](https://nimhans-ac-in.zoom.us/j/91012345678)**



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