

Information for NIMHANS Website

Name: L.N.Suman

Designation: Professor

Current roles and responsibilities: (i) Consultant, Adult Psychiatry Unit 2
(ii) Consultant, Trauma Recovery Clinic, NCWB
(iii) Chairperson, Internal Complaints Committee

Work experience: 30 years

Research & clinical interests: Adult Mental Health; Psychological Trauma;
Psychotherapy; Psychoactive Substance Use

Awards and Achievements: N.N.Sen Award and Psycho Oration Award from the
Indian Association of Clinical Psychologists

Research projects: ICSSR (2010-2012); ICMR/DHR: (2016-2018)

Key publications:

Suman, L.N; Sharma, M.K and Narayanan, G (2020). Training Clinical Psychologists in Addictions: Experience at NIMHANS. Indian Journal of Clinical Psychology, 47 (2): 70-74.

Ahluwalia, H; Chand, P.K and Suman, L.N (2020). Therapeutic focus for women with substance use disorders: Views of experts and consumers in a tertiary hospital in India. Professional Psychology: Research and Practice, 51 (1): 34-50.

Ahluwalia, H; Anand, T and Suman, L.N (2018). Marital and Family Therapy. In Murthy, P; Subodh, B.N and Narayanan, G (Eds). Guidelines for psychosocial interventions in addictive disorders in India. Indian Journal of Psychiatry, 60, Supplement 4: S501-S505.

Malik, K; Chand, P.K; Marimuthu, P and Suman, L.N (2018). Awareness and beliefs about alcohol use among women in India. International Journal of Culture and Mental Health, 11: 311-320.

Malik, K; Chand, P.K; Marimuthu, P and Suman, L.N (2017). Addiction severity and comorbidity among women with alcohol use disorders: A hospital based study from India. Asian Journal of Psychiatry, 28: 67-72.

Malik, K; Chand, P.K; Marimuthu, P and Suman, L.N (2017). Stressful and traumatic experiences among women with alcohol use disorders in India. Indian Journal of Psychological Medicine, 39: 611-618.

Suman, L.N (2016). The stigma of rape: Gendered victimization. Editorial, Women's Health Open Journal, 2 (1): e4-e5.

- Suman, L.N (2016). Crisis and trauma in academic settings: Implications for campus mental health. *Indian Journal of Clinical Psychology*, 43 (1): 26-32.
- Suman, L.N and Satyanarayana, V.A (2015). Setting up a Trauma Recovery Clinic: Addressing a critical need in India. *Indian Journal of Clinical Psychology*, 42 (2): 78- 83.
- Suman, L.N (2015). Spiritual practices for emotional healing: Implications for training trauma therapists. *Psychology and Behavioral Science International Journal*, 1(1): 1-3.
- Malik, K; Benegal, V; Murthy, P; Chand, P.K; Arun, K and Suman, L.N (2015). Clinical Audit of Women with Substance Use Disorders: Findings and Implications. *Indian Journal of Psychological Medicine*, 37 (2): 195-200.
- Kirmani, M.N and Suman, L.N (2015). Parental and peer influences on alcohol related attitudes among college students. *IAHRW International Journal of Social Sciences*, 3 (1): 62-65.
- Suman, L.N; Nagalakshmi, R.M and Thennarasu, K (2014). Reasons for smoking among college students. *Indian Journal of Clinical Psychology*, 41 (2): 140-145.
- Suman, L.N and Sessa, B.V (2013). Loss, trauma and suicidal ideation among women living in a shelter. *Indian Journal of Clinical Psychology*, 40 (1): 34-40.
- Sukhwai, M and Suman, L.N (2013). Spirituality, religiosity and alcohol related beliefs among college students. *Asian Journal of Psychiatry*, 6: 66-70.
- Sowmya, H.S and Suman, L.N (2013). Pathways to homelessness, psychological distress and perceived social support among married women in a shelter: Implications for Trauma Informed Care. *Indian Journal of Clinical Psychology*, 40 (2): 109-115.
- Chari, U; Shereena, E.A; Chand, P and Suman, L.N (2012). Society and its influence on alcohol use among women: Three case reports from India. *International Journal of Culture and Mental Health*, 5(2): 137-144.
- Suman, L.N (2012). Substance use: A Psychosocial Perspective. *Indian Journal of Clinical Psychology*, 39: 10-18.
- Ingavale, A and Suman, L.N (2012). Psychological problems among college students: Relationship with ADHD and parental alcoholism. *Indian Journal of Clinical Psychology*, 39: 103-109.
- Sharma, M.K; Suman, L.N; Murthy, P and Marimuthu, P (2012). Relationship of trait anger with quality of life and anger control among alcohol users. *Open Journal of Psychiatry*, 2: 249-252.

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