



**National Institute of Mental Health & Neuro Sciences**

*Institute of National Importance Bengaluru -560029*

**Department of Psychiatric Social Work**

*Presents*

**World Head Injury Awareness Day**

**20th March 2022**

**Digital Poster Making Contest**

*on the Theme*

**"Collective Care: Building Hope & Recovery"**



**For Further Queries**

**Dr. Kanmani.T.R**

**Associate Professor & Program Co-ordinator**

**Psycho Social Consultant -Neurosurgery**

**Department of Psychiatric Social Work**



**9945453602,080-26995240**



**digitalposterpsw22@gmail.com**

**AWARDS**

**Best 3 entries will be rewarded**

**All participants will get a certification of participation**

**CALL FOR PARTICIPANTS**

**(OPEN FOR ALL)**

**Submission Criteria:**

**Original e-posters accepted**

**Maximum entries per person-1**

**required size-A3**

**\*Last date of submission: 8th March 2022**



## **Poster making guidelines**

1. Use no more than two typefaces. Use sans serif fonts like Arial, Calibri, or Helvetica. These fonts work better for posters and PowerPoints, while serif fonts are typically reserved for papers
2. Write the authors' names, collaborators' names, and subheadings using 48-point font or larger. Use a 30 to 36-point font for the narrative text
3. Keep the margins of your poster and the space between columns at a minimum of 2.5 inches. Avoid mixing low-contrast colors (for example, yellow text against a white background), because it often makes text and images hard to see
4. Poster should not be smaller than A3 (4x a normal A4 page). Writing should be readable and clear
5. If you are part of any organization ensure that your organization's logo is there in the poster
6. Submissions are allowed for handmade as well printed posters with good quality
7. Ensure that your poster does not have any content that has copyright issues

**Last date to submit the poster is 8th March 2022**