

# NIMHANS Centre for Well-Being



## Gatekeeper Training in Suicide Prevention

**Date:** 29 September 2021

**Time:** 10:00AM to 1:00PM

### Who is a Gatekeeper?

A Gatekeeper is someone who believes that suicide can be prevented at the community level and is willing to give time and energy for this cause. Gatekeepers may be teachers, doctors, nurses, social workers, community leaders or anyone who shares this interest.

### What is Gatekeeper training?

Gatekeeper training involves teaching basic skills for recognizing a person who is at risk for suicide and facilitating help.

### Would you like to be a gatekeeper for suicide prevention?

If yes, enroll for this workshop.

**The methodology will include:** Case based discussions, small group work, role plays and video enabled learning.

### Learning Objectives:

- Identifying persons at risk for suicide
- Assessing suicidal risk
- Immediate intervention for suicidality
- Signposting and Resource mobilization

### Registration details:

- Registration fee is *Rs.500/-* only
- For registration contact: 080 26685948/ 9480829670 or send an email to [nimhans.wellbeing@gmail.com](mailto:nimhans.wellbeing@gmail.com)
- The Zoom link will be shared once your registration is confirmed

**Facilitators:**

- Dr. Prabha S Chandra, Professor, Department of Psychiatry, NIMHANS
- Dr. Senthilkumar Reddi, Professor, Department of Psychiatry, NIMHANS
- Dr. Krishna Prasad, Additional Professor, Department of Psychiatry, NIMHANS
- Dr. Padmavathy D, Senior Nursing Officer, Clinical Nursing Services, NCWB

