



National Institute of Mental Health and Neuro Sciences  
(Institute of National Importance), Bengaluru – 560029

*Department of Psychiatric Social Work*

In support with Department of Child and Adolescent Psychiatry  
Announces

**Three Months Certificate Course**

**in**

**Social Work in Child and Adolescent Mental Health**

**About the Course:**

The WHO framework indicates that only 10 to 12 % of children require tertiary care interventions whereas almost 30 % of children (At risk/ Vulnerable population) require psychosocial interventions in the community. Furthermore, 100% of children and adolescents require universal preventive and promotive interventions. Therefore, it is important to develop the trained cadre of persons who can address the large population of children and adolescents in the community and provide psychosocial interventions. This cadre of persons will be trained in

- 1) Identifying the at risk/ vulnerable children in community (children with developmental disability, children with emotional and behavioural problems, children with substance abuse, children with other psychosocial problems) provide them primary interventions and refer them to the tertiary care for appropriate institutional interventions.
- 2) Learning and practicing various social work methods to work with children and their families such as case work, case management, group work interventions, community organization etc.
- 3) Providing basic and primary psychosocial interventions for children and adolescents and their families in the community with the community-based resources.
- 4) Providing preventive and promotive interventions to the children, adolescents, parents and other stakeholders such as teachers, community level workers in the area of child and adolescent wellbeing through the community based institutions such as schools, religious institutions, vocational training centres, NGOs etc.
- 5) Enhancing support systems in the community to address the psychosocial problems of children and adolescents such as supporting Child Welfare Committees, Juvenile Justice Boards, etc
- 6) To carry out the research in the area of child and adolescent mental health.

This certificate course aims at enhancing the capacities of the persons interested in working in the field of child and adolescent mental health through demonstrations, interactive sessions, workshops, field visits and discussions. The candidates will be provided with the reading materials for their reference. The candidates will receive the training from various multidisciplinary team experts of child and adolescent psychiatry unit.

**Multidisciplinary team experts:**

The course candidates will be primarily supervised by faculties of psychiatric social work however, they will also be mentored by other multidisciplinary team members i.e. faculty from Department of clinical psychology, Department of Child and Adolescent Psychiatry, Department of Nursing, Department of Psychiatric Rehabilitation Services and so on. The multidisciplinary mentoring will help the candidates to enhance their knowledge on holistic care in children and adolescent mental health.

***Structure of the course:***

1. The candidates will be selected based on the eligibility criteria prescribed below.
2. Candidates will be mentored by the multidisciplinary team of child and adolescent psychiatry.
3. Candidates will be exposed to various psychiatric social work services inside the NIMHANS campus as well as community based services and programs.
4. Candidates are expected to participate in academic programs, clinical rounds, In-patient and out-patient clinical services, and community-based programs.
5. Candidates are expected to produce course log book and course assignments prior to the completion of the course.
6. Candidates will be given certificate on the successful completion of the course.

***Content of the course:***

- 1) Child and adolescent mental health
- 2) Understanding development of children and adolescents
- 3) Assessments and interventions for children with developmental disorders.
- 4) Assessments and interventions for children with emotional and behavioural problems
- 5) Assessments and interventions for children with psychiatric disorders
- 6) Psychosocial assessment in child and adolescent mental health
- 7) Social work interventions with families and parents using various intervention models.
- 8) Social work in School mental health
- 9) Social work with children in difficult circumstances
- 10) Social work roles in Child protective services (socio-legal management)
- 11) Social work role in community-based organizations.
- 12) Using social work methods in child and adolescent mental health such as group work interventions.
- 13) Social work research in the field of child and adolescent mental health
- 14) Social work role in laws, policies, and social welfare programs for children.

### **Future directions:**

There is significant need of trained manpower in the field of child and adolescent mental health not only in the tertiary care setting but also in community. NIMHANS being Institute of National Importance and having pioneered in child and adolescent psychiatry services, this course will benefit social workers who are keen to work in the field of child and adolescent mental health. We are hopeful and we will strive for extension of this course to the SAARC countries on successful completion of this course for next one or two years.

### **Eligibility:**

1. The course is open to those who have obtained Master's Degree in Social Work (full time), from a University recognized by UGC and approved by NIMHANS, securing not less than 55% marks in the aggregate of the Master's Degree as a whole.
2. Direct candidates, those deputed from other organizations and sponsored candidates from State/Central government /Armed forces/Other NGO's can be admitted to the course.

### **Details of Course:**

- **Duration** : Three Months full-time, on-campus @ NIMHANS.
- **Number of Seats** : Maximum 8 per intake in every batch.
- **Fee Payable** : Rs.9000/- payable on selection  
(non-refundable, for three months)
- **Course dates** : course opening dates are:

<b>Course batch</b>	<b>Application deadline</b>	<b>Intimation of selection</b>
<b>January to March</b>	November 30 <sup>th</sup>	December 15 <sup>th</sup>
<b>April to June</b>	February 28 <sup>th</sup>	March 15 <sup>th</sup>
<b>July to September</b>	May 31 <sup>st</sup>	June 15 <sup>th</sup>
<b>October to December</b>	August 31 <sup>st</sup>	September 15 <sup>th</sup>

**Procedure for Application:** Selection will be done based on the eligibility. The interested candidates should send their application via email or hard copy on a plain paper along with the following documents:

1. One page writeup on why they want to pursue the certificate course
2. Bio data with a recent passport size photograph, full postal address, email id/ phone number.
3. Preference will be given for candidates who are working in children related organizations.
4. **Research and work experience related documents, if any Send Hard copies/Soft copy of the application along with supporting documents to the following address with title of the course clearly mentioned:**

**“Social Work in Child and Adolescent Mental Health”,**

The Professor and Head,

Department of Psychiatric Social Work,

Dr M.V. Govindaswamy Center (First Floor)

NIMHANS, Bangalore-560029.

Ph: 080 26995240; Email: [kavita.nimhans@gmail.com](mailto:kavita.nimhans@gmail.com), [binonimhans@gmail.com](mailto:binonimhans@gmail.com)

**Accommodation:**

The candidates need to make their own accommodation arrangements. Limited hostel accommodation may be offered only on prior request and is subject to availability - contact NIMHANS academic section upon selection.

**Course Coordinators:**

1. Dr Kavita Jangam, Associate Professor of Psychiatric Social Work, Consultant in Child and Adolescent Psychiatry, NIMHANS.

2. Dr Bino Thomas, Assistant Professor of Psychiatric Social Work, Consultant in Child and Adolescent Psychiatry, NIMHANS.

For clarifications contact: Ph: 080-26995231, 26995240; email: [kavita.nimhans@gmail.com](mailto:kavita.nimhans@gmail.com), [binothomas@gmail.com](mailto:binothomas@gmail.com)