



NATIONAL INSTITUTE OF MENTAL HEALTH AND NEURO SCIENCES

(Institute of National Importance, under Ministry of Health and Family Welfare, Govt. of India)

Hosur Road, Bengaluru - 560 029

राष्ट्रीयमानसिकास्वास्थ्यएवंतंत्रिकाविज्ञानसंस्थान (राष्ट्रीयप्रमुख्याथासंस्थ) बेंगलुरु - 560 029

ರಾಷ್ಟ್ರೀಯ ಮಾನಸಿಕ ಆರೋಗ್ಯ ಮತ್ತು ನರವಿಜ್ಞಾನ ಸಂಸ್ಥೆ (ರಾಷ್ಟ್ರೀಯ ಪ್ರಾಮುಖ್ಯತೆ ಸಂಸ್ಥೆ) ಬೆಂಗಳೂರು-560 029

NIMH/PROJ/DST/KU/RA-YI/NOTIF.2020-21

13.01.2021

NOTIFICATION

Applications are invited from the eligible candidates for filling up of the following posts on contract basis for the DST-SATYAM funded project entitled "Adopting specific yoga module to reduce the burden of post COVID stress disorder among unemployed youth and recent graduates: a pilot investigative study" -under Dr. Kaviraja Udupa, Additional Professor, Department of Neurophysiology & Principal Investigator.

Name of the Post	Research Assistant (RA)
No. of Post	One
Educational Qualification	MPhil in Neurophysiology or Neurosciences/MBBS/BAMS/BNYS OR Master's Degree in Neurosciences / Physiology or equivalent Master's degree
Research Experience	One year Research experience in Neurophysiology/Neuroscience/Yoga
Desirable Experience	Experience in clinical evaluation of patients, collection and processing of blood samples, neurochemical investigations and cardiac autonomic function tests as well as analysis of clinical data will be preferred
Maximum Age Limit	35 years
Emoluments	Rs.31,000/-per month (+24% HRA)
Duration of employment	One year Initial appointment will be made for six months, extendable based on the performance of the candidate

Name of the Post	Yoga Instructor
No. of Post	One
Educational Qualification	3 year B.Sc in Yoga OR Graduation with 1 year Postgraduate Diploma in Yoga from a recognized University/ Institution or QCI Certificate as Yoga Instructor (200 or 300 Hrs Training)
Experience	1 year teaching or research experience in a recognized Institution after obtaining the qualifying degree as above
Desirable Experience	Experience in teaching Yoga to patients with psychiatric/neurological disorders and involved in research studies
Maximum Age Limit	35 years
Emoluments	Rs. 29,300/- per month (consolidated)
Duration of employment	11 months Initial appointment will be made for six months, extendable based on the performance of the candidate

Eligible candidates fulfilling the criteria, may apply on a plain paper along with the curriculum vitae, age proof and copy of testimonials, addressed through email to kaviudupa1@gmail.com. The resume may be sent only in the PDF format attached to the notification.

The notification number and date, candidate's contact details including postal address, telephone number and email address should be mentioned in the application, failing which the applications will not be considered.

The last date for receipt of filled in applications together with the relevant documents is 25th January 2021 up to 4.00 p.m. Please note that late applications will not be entertained.

Sd/-
REGISTRAR