

Editorial : From the Editor-in-Chief's desk

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Channabasavanna S M, - *Director, NIMHANS & Editor-in-Chief NIMHANS Journal*

It is my pleasure to take over as Editor-in-Chief of NIMHANS Journal from my predecessor Prof G N Narayana Reddy, who nurtured the Journal from its inception in 1983.

In 1982, Dr. G N Narayana Reddy, the then Director convened a meeting of the senior faculty members of NIMHANS and came out with the idea of publishing a biannual journal from NIMHANS as a significant step promoting publications activity of NIMHANS faculty. The idea received enthusiastic welcome. An Editorial Board with Dr. Narayana Reddy, as Chairman and Editor-in-Chief and Dr. S M Channabasavanna, Dr T Desiraju, Dr M Gourie-Devi, Dr G G Prabhu, Dr B S S Rao, Dr B S Das, Dr I A Sheriff, Mr V G Kaliaperumal, Dr R Srinivas Murthy and Dr S K Shankar as Members and Dr Ashoke K Bagchi, Dr Anil D Desai, Dr A Venkoba Rao, Prof Durgananda Sinha, Dr Darab Dastur and Dr A S Balasubramian as Editorial Advisors, was constituted. In the initial stages the committee had to exert itself to mobilise papers. Needless to state that Dr Reddy took personal interest in this.

The first issue of NIMHANS Journal came out in January 1983. Since then, the Journal is coming out once in every six months, i.e. during January and July of each year regularly.

NIMHANS Journal in its seven volumes since 1983 has published research papers, invited papers besides 6 special issues containing proceedings of seminars. In addition to original research communications, several interesting case reports have also been published. The papers published in this Journal over the years covered the disciplines of Psychiatry, Neurology and Neurosurgery. In addition, papers from ancient Hindu concept of health, vedanta, yoga, tantra, karma theory. Bhagavadgita, Ayurveda - have appeared. Each issue also carried an average of five book reviews. The second issue of every volume contained subject and author index. The Journal has entered its eighth volume with this issue.

The Journal is being indexed in Index Medicus of the WHO, SEARO, New Delhi, The Psychological Abstracts of USA, The Abstracts Journal of the USSR Academy of Sciences and Index to Indian Periodicals in New Delhi, India. More than 25 Journals in India exchange their copies with that of NIMHANS Journal .

NIMHANS Journal reaches almost all mental health institutions and many medical institutions in India and abroad. Several individuals and institutional subscribers have been appreciative of the Journal's efforts in science communication.

In spite of difficulties, the journal is coming out on time. The editorial committee members have shared with pleasure the responsibility of publications of NIMHANS Journal with constant advice, reviewing of papers, books received for review, and such other ways.

It is for us now, as inheritors of the tradition of growing to bring up the plant to become a tree - a tree of knowledge, stretching its arms far and wide, welcoming all those knowledge-hungry people.

I am hopeful that with the cooperation of authors, referees, subscribers and well-wishers, and the active Editorial Board members, the journal would continue to disseminate mental health and neurosciences information.