



**ACTION**  
for Mental Health | pour la Santé Mentale

Association for the Improvement  
of Mental Health Programmes  
Association pour l'Amélioration des  
Programmes de Santé Mentale

**Association for the Improvement of Mental Health Programs, Geneva  
&  
Dr Ramachandra N Moorthy Foundation for Mental Health &  
Neurological Sciences, Bangalore**

**Eighth Leadership and Professional Skills Course for  
Early Career Psychiatrists**

The Leadership and Professional Skills course for Early Career Mental Health Professionals at the National Institute of Mental Health and Neuro Sciences (NIMHANS), Bangalore is an educational activity for early career psychiatrists and other mental health professionals held under the auspices of the Dr Ramachandra N Moorthy Foundation for Mental Health and Neurological Sciences at NIMHANS – created through a generous donation by Dr Ramachandra N Moorthy, an Indian born Canadian psychiatrist from Vancouver, Canada.

The Inaugural Leadership and Professional skills course was held in December 2012 and since then these are being conducted every year. The courses are organized in collaboration with the Association for the Improvement of Mental Health Programs, Geneva, of which Professor Norman Sartorius, is the President. The Eighth Leadership and Professional Skills course for early career psychiatrists will be held from **30<sup>th</sup> of January to 1<sup>st</sup> of February 2020**, at NIMHANS, Bangalore, India, and will again include participants from SAARC Countries.

**Aims of the Workshop:**

The Leadership and Professional Skills Course will bring together a small group (16) of promising early career psychiatrists from SAARC countries, selected through an open,

international selection process. The Course will aim to inspire and encourage the young Psychiatrists from the SAARC and neighbouring countries to use their talent and capacity to the full in their work and to take up leadership roles in finding solutions to their country's mental health problems in a variety of ways and in various settings through the government, NGO and private sector, as well as in their academic, research, training activities. The Course will aim to enable participants to use professional skills, for example, those useful in communication in clinical work, teaching and in relation to mass media and those helpful in the organisation and management of services through individualised and group skill building training

During the course, which will be highly interactive, the participants will be expected to make a brief presentation (of 8 minutes) on a topic of their choice and to bring along a poster on a topic of their choice.

**Date & Venue:** The Workshop will be held at NIMHANS Convention Centre, Bangalore, India on the dates **30<sup>th</sup>, 31<sup>st</sup> of January & 1<sup>st</sup> February 2020.**

#### **Faculty of the Workshop:**

1. **Professor Norman Sartorius**, MD; PhD, FRCPsych, President, Association for the Improvement of Mental Health Programmes, Honorary, Adjunct or Visiting Professor at the Universities in St. Louis, New York, Zagreb, London, and Beijing, former Director of the Department of Mental Health, World Health Organization (WHO), past President of World Psychiatric Association (WPA)
2. **Professor Mohan K Isaac**, MD, DPM, FRCPsych, FRANZCP, Professor of Psychiatry (Population Mental Health), School of Psychiatry and Clinical Neurosciences, The University of Western Australia, Perth & Visiting Professor of Psychiatry, NIMHANS Bangalore.
3. **Dr Santosh K Chaturvedi**, MD, FRCPE, FRCPsych; Former Dean Behavioural Sciences, Senior Professor of Psychiatry & Member Secretary Dr Ramachandra N Moorthy Foundation for Mental Health, NIMHANS, Bangalore
4. **Dr Pratima Murthy**, DPM, MD, FRCP; Professor & Head, Department of Psychiatry, NIMHANS, Bangalore

#### **Who can nominate?**

Nominating Persons can be Heads of the Departments of Psychiatry/ Heads of professional bodies and psychiatric societies or Senior mental health professionals. Alumni of previous Early Career Psychiatrist courses at NIMHANS can also nominate.

## **Eligibility criteria:**

The applicants should be close (within one year) to the completion of their postgraduate training in psychiatry or should have completed their training in psychiatry not more than 5 years back

## **Application Process:**

It is a 2 step process

Step 1: Please fill up the form by clicking on the link

<https://forms.gle/f7LdpR8Eqj5adKXVA>

Step 2: Please send the following documents to the mail ID

[leader.nimhans@gmail.com](mailto:leader.nimhans@gmail.com)

1. A brief resume (curriculum vitae) of the applicant
2. A letter from the nominating person giving reasons for proposing the nominee
3. A letter from the nominee saying why they would like to attend the course

**Important Dates:** Workshop from 30<sup>th</sup> of January to 1<sup>st</sup> of February 2020. The participants will be expected to arrive on the 29<sup>th</sup> of January 2020 in Bangalore and they have to attend the complete workshop until the end of evening on the 1<sup>st</sup> of February 2020.

**Last date for Applications: 15th November 2019**

**You will hear from us about the selection on or before the 15<sup>th</sup> of December 2019**

*Those who are selected will be provided with eligible travel costs (the cheapest and shortest route airfare) to attend the Workshop and local hospitality (boarding and lodging) at NIMHANS, Bangalore.*

## **Workshop Co-ordinators:**

1. Dr Arun Kandasamy, MD  
Additional Professor of Psychiatry, NIMHANS
2. Dr Krishna Prasad, MD  
Associate Professor of Psychiatry, NIMHANS

Contact details: - [leader.nimhans@gmail.com](mailto:leader.nimhans@gmail.com)