

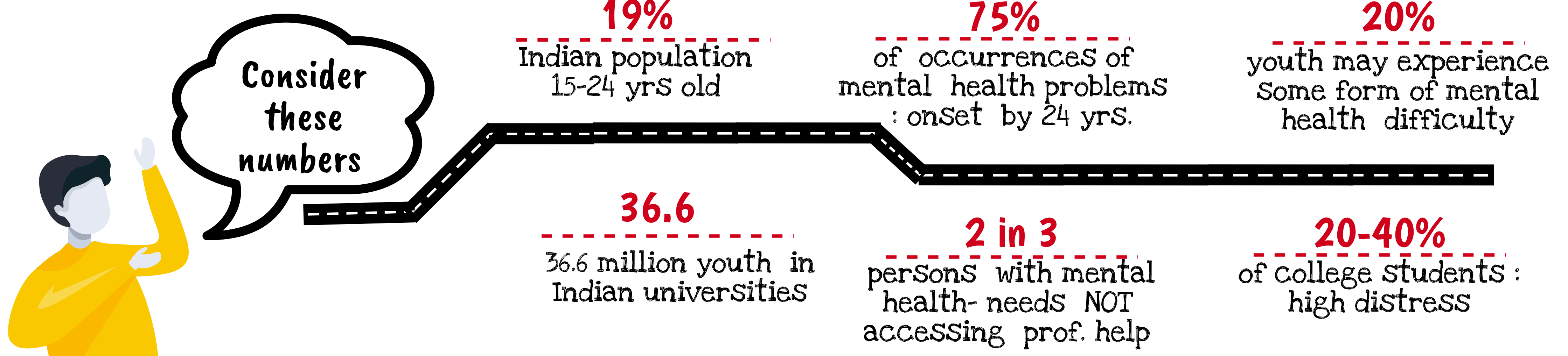
TRAINING WORKSHOP

Developing campus-based youth mental health promotion initiatives In institutes of Higher Education

A part of LEAP -YMH (Learn, Empower, Address & Promote: Youth Mental Health) Series

18th and 19th October 2019

Promoting mental health and well-being in colleges: Why?



**Vulnerabilities? Yes. But college years also a period of great potential:
Potential for positive youth development, building resilience & positively impacting peers
WHEN Youth are engaged and empowered through an Enabling campus Environment**

Want to know HOW to:

- Ascertain needs & mobilize resources for youth mental health promotion
- Develop a mental health & well-being support framework for your college campus
- Identify and plan specific components for delivery
- Implement & sustain the initiative
- Learn about modules and materials developed for youth mental health promotion at the Dept. of Clinical Psychology, NIMHANS
- Share experiences & plan collaborations

Who can participate:

College faculty in charge of student affairs, student welfare officers, youth mentors, counselors and psychologists working in colleges/university settings and keen on setting up mental health and well being support systems

How to register:

Please email a few lines about your academic background, nature of your work, city, institute, designation. Let us know how you may apply the learning from this program. Payment - instructions will be mailed after registration request is received.

Limited accommodation on shared - basis at nominal rates may be available. Kindly indicate your need in the mail.

Workshop fee:

1000/- (including lunches, coffee, resource materials)

Venue:

Ashwini Hall, NIMHANS Hosur Road Bangalore-29,



Address to send your registration

positivepsychology.nimhans@gmail.com



Last date for registration

10th October, 2019