



National Institute of Mental Health & Neuro Sciences

(Institute of National Importance)

Bangalore-560029

NIMHANS ANNOUNCES CERTIFICATE COURSE ON MENTAL HEALTH EDUCATION

The Department of Mental Health Education, NIMHANS invites applications for its certificate course on Mental Health Education

About the Course: Are you looking for an exciting opportunity to train and gain experience in Mental Health Education? Then a certificate course in Mental Health Education is a great opportunity for you. In the certificate program, you'll strive to improve the mental health of not just an individual, but an entire community through innovative techniques and inputs.

The Department of Mental Health Education, NIMHANS supports course opportunities from qualified graduates to gain meaningful experience in mental health settings. The one month certificate course offers students a unique experience to receive firsthand experience in getting trained and building resources in providing mental health education. The students will receive mentorship by specialised faculty during their tenure under the following and participate in various innovative activities like:

- ★ Preparing mental health education resources like:
 - ◆ Brochures/Leaflets
 - ◆ Posters
 - ◆ Videos
 - ◆ Flip charts
- ★ Learning how to provide mental health education
- ★ Provide basic mental health information and services
- ★ Disseminating mental health education information
- ★ Mental health education at community level

Course Objectives

- ★ Understand the disease causation and consequences in a holistic manner by appreciating the linkage of social determinants and biological risk factors
- ★ Apply the basis of socio - cultural, economic and political determinants of health in mental health education
- ★ Apply the principles and methods of social and behaviour change for mental health promotion
- ★ Apply and practice the principles of effective health communication in mental health education
- ★ Learn to develop audio visual aids, like posters, videos, brochures, flipcharts in promoting mental health education

Who can attend: Graduates from any discipline obtained through a regular full time course from a recognized university

Duration: One Month full time

Course date: 1st September to 30th September. Screening will be done based on the eligibility and selection process. If found desirable, the candidate will be informed of the same to join

Number of Seats: Six per year

Fee Payable: Rs.3000/- payable on selection (non-refundable)

Accommodation: The candidates need to make their own accommodation arrangements. The candidate can contact the Academic Section, NIMHANS for accommodation.

Procedure for Application and Selection: The interested candidates should send their application on a plain paper along with the following documents:

- 1) A two page back to back bio data with a recent passport size photograph and full postal address with email id
- 2) A 500 worded write up as to why you are keen and purpose for pursuing the certification program

Course Coordinators:

Dr.K.S.Meena
Associate Professor
Department of Mental Health Education
NIMHANS
Bangalore-560029

Hard copies of the application along with supporting documents should be sent to the following address:

Dr.K.S.Meena
Associate Professor
Department of Mental Health Education
NIMHANS
Bangalore-560029

Certificate Course facilitators:

Dr.Poornima Bhola, Additional Professor, Department of Clinical Psychology, NIMHANS
Dr. Aruna Rose Mary Kapanee, Assistant Professor, Department of Clinical Psychology, NIMHANS
Faculties from various departments from NIMHANS

Last date for receiving the applications: 7 August, 2017

Intimation of selected candidates: 11th August, 2017

For any clarification: please contact: Dr .K.S.Meena (Course Coordinator) Dept of Mental Health Education, M.V. Govindaswamy Center (Ground Floor), NIMHANS, Bangalore-560029.

Phone: 26995156/5157

Email: education.health@gmail.com