



NATIONAL INSTITUTE OF MENTAL HEALTH AND NEURO SCIENCES, BENGALURU

An Institute of National Importance, Government of India



One Day Symposium on 'Yoga and Indian Psychology'

As a part of the International Yoga Day Celebration @NIMHANS

Date : 25th June 2017

**Venue : Seminar Hall,
Dr. MV Govindaswamy
Building, NIMHANS**

Patron

**Prof. BN Gangadhar
Director, NIMHANS**

Organizing Secretary

**Dr. Monojit Debnath
Associate Professor
Department of Human Genetics**

Scientific Chairperson

**Dr. Bindu M. Kutty
Professor & Head
Department of Neurophysiology**

Members of the Organizing Committee

**Dr. Jyotshna Agarwal
Assistant Professor
Department of Clinical Psychology**

**Dr. Sneha Karmani
Senior Resident
Department of Psychiatry**

Program Details

Time	Particulars	
8.30 to 9.00 AM	Registration	
9.00 to 9.30 AM	Breakfast	
9.30 to 10.00 AM	Inauguration	
	Invited Talks	Topic
10.00 - 10.45 AM & 15 minutes Discussion	Dr. Matthijs Cornelissen , International Center of Education , Aurobindo Ashram , Pondicherry.	“Vidya and Avidya”: How the cognitive sciences and the Indian tradition can help each other.
11.00 to 11.45 AM & 15 minutes Discussion	Prof. Kiran Kumar Salagame , Professor (Retired), Department of Studies in Psychology, University of Mysore.	Empirical investigations on Yoga: Contemporary and Contemplative Perspectives.
12.00 to 12.45 PM & 15 minutes Discussion	Prof. Malavika Kapur Visiting Professor NIAS, Former Professor & Head of Clinical Psychology, NIMHANS .	Understanding the construct of Triguna as an innate bio-psycho- social disposition from childhood onwards and examining its relevance to psychological healing.
1.00 to 2.00 PM	Lunch	
2.00 to 2.45 PM & 15 minutes Discussion	Prof. Ramachandra Bhat , Vice- Chancellor, SVYASA, Bangalore	Psycho-Synthesis in Bhagavad-Gita.
3.00 to 3.45 PM & 15 minutes Discussion	Prof. NV Raghuram Chairman & Spiritual Guide, YOGABHARATI, USA.	Paradigm shift from matter based creation to consciousness based creation – implications of Jnana yoga principles on Psychology and higher wisdom.
4.00 to 4.30 PM	Valedictory Function	



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Call for abstracts

Poster Presentation:

Abstracts are invited for the poster presentation on the theme *“Yoga and Indian Psychology”*.

Format of Abstracts

Structured abstracts, with headings background, methodology, results, discussion and conclusions, should be limited to 300 words.

Specifications for Poster Presentation:

Poster size: 3½ feet (width) X 3 feet (height)

Orientation: Landscape (horizontal)

Important Dates to remember:

Last date for abstract submission: May 15, 2017

Notification/Acknowledgement about status (selection) of abstracts: June 01, 2017

Date for Poster Presentation: June 25, 2017

Kindly Note:

1. Registration for the symposium on *“Yoga and Indian Psychology”* is mandatory for participating in the poster presentation.
2. Posters need to be fixed at designated place on June 25, 2017 before 10:00 AM and can be removed only after 4:00 PM.
3. Two best posters will be rewarded.
4. Further details can be obtained from Registration Desk on June 25, 2017 or by mailing to us:
nicysymposia@gmail.com



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Registration Details

Expected Participants : 100

Registration Fee : Rs. 500

(Senior Citizens above 70 years are exempted from payment, can send e-mail for registration)

Last date of Registration : 15th May 2017

(Registration may be closed once the desired number is met)

Registration Details : DD of Rs. 500 in favour of 'The Director, NIMHANS'.

Please send duly filled registration form and DD to:

**NIMHANS Integrated Centre for Yoga, AYUSH Block,
National Institute of Mental Health and Neurosciences,
Hosur Road, Bengaluru – 560029, Karnataka
Phone: 080-26995730**

Please send an e-mail to nicysymposia@gmail.com after sending the DD



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Registration Form

Delegate's Name Dr./Mr./Mrs./Ms.....

(As would appear on the certificate of participation)

Age

Gender Male.....Female.....

Educational Qualifications

Institution/Organization

Designation

Address

Contact No.

Email ID

DD No.

Delegate's Signature