

**National Institute of Mental Health and Neuro Sciences, Bengaluru- 560 029  
(An Institute of National Importance)**

**Behavioural Medicine Unit  
Department of Clinical Psychology**

Workshop on Mindfulness–Based Cognitive Behavioural Interventions:  
Applications in Clinical and Nonclinical Settings  
15<sup>th</sup> – 16<sup>th</sup> March 2019

**Registration Form**

**Title (Dr./Mr./Mrs./MS.):**

**Name (In Capital Letters):**

**Complete Postal Address for Correspondence with Pin Code:**

**Mobile:**

**Email:**

**Qualification:**

**Age and Gender:**

**Profession and Current Designation:**

**Institute/ Workplace Address:**

**Details of the demand draft (Number, Amount, Bank, Branch and Date):**

**Please indicate if you need accommodation: Yes/No**

If yes, give the date of arrival and departure, number of days for which accommodation is required:

**Note:** Accommodation will be provided at Kabini Annex, NIMHANS, charges for accommodation are separate: Rs.300/person/day on a sharing basis or Rs.600/person/day for single room. Accommodation charges have to be paid at the venue. Information about the confirmation of registration will be given as early as possible on receiving registration form and fee. Outstation applicants should make their arrangements for journey and accommodation only after confirmation of their registration.

**Signature of the participant:**

**The complete registration forms along with D/D are to be sent to:**

Dr. Ajay Kumar, Assistant Professor, Department of Clinical Psychology, Room No 333, 3rd Floor, Dr. M. V. Govindaswamy Centre, National Institute of Mental Health & Neuro Sciences (NIMHANS), Bengaluru – 560029. **Contact Details:** +91 9886426548, 08026995942; E-mail: ajaycog2010@gmail.com