



National Institute of Mental Health and Neuro Sciences (NIMHANS)

Institute of National Importance
Bangalore -560029
*Department of Psychiatric Social Work and
Psychiatric Rehabilitation Services*

WORKSHOP ON

Capacity building on Strengths Perspective and Assessment

Supported by

Dr. Ramachandra N Moorthy Foundation for Mental Health and Neurological Sciences

On: 1st and 2nd of April, 2017 (Saturday & Sunday – One and a Half days)

Venue: Seminar Hall, Department of Psychiatric Social Work,
1st Floor, Govindswamy Memorial Centre, NIMHANS

Aims of the Workshop and its Importance

Aims:

**Capacity building of personnel from health and disability sector in the area of
Strengths Perspective and Assessment**

Importance:

The strengths perspective and strengths-based approaches offer service providers ways of working that focus on strengths, abilities and potential rather than problems, deficits and pathologies. Traditionally, in working with people living with psychosocial disabilities and disorders a problem-centered approach has largely been adopted. The strengths perspective over the past two decades has in a sense represented a paradigm shift in casework with its focus on the strengths of the individual and the resources available in the community. In addition to being a theory with a philosophy, the Strengths perspective also requires a new way of looking at issues and naming them. This workshop proposes to train mental health professionals and students in understanding the approach and using the strengths assessment to guide their existing practice. The strengths theory has been used extensively with persons with mental illness, substance abuse and other disorders across the past 25 years.

Learning objectives of the workshop

- a. To familiarize mental health and rehabilitation professionals with the philosophy of the strengths perspectives
- b. To learn to undertake strengths assessment
- c. To develop and/or enhance the skill of application of the strengths assessment to one's professional practice

Proposed Workshop Facilitators: Dr Srilatha Juvva and team

Dr Srilatha Juvva (MA, M.Phil, PhD): She is a Professor in the Centre for Disability Studies and Action, School of Social Work, Tata Institute of Social Sciences Mumbai. She was the recipient of the Fulbright Senior Research Fellowship to develop protocols for strengths focussed family/home based rehabilitation for persons with chronic mental illness, from October 2006 to June 2007, affiliated to Universities of Kansas, Lawrence and Pittsburgh, PA. She was trained in strengths assessment and fidelity assessment for supported employment in University of Kansas, under the Office of Mental Health Research. The training included participation in 2 workshops and assistance in preparation for the third workshop on strengths assessment.

Description of the Proposed activity:

Day 1, Forenoon: Strengths Theory and Perspective

The participants will be introduced to the strengths perspective and development of the theory.

Day 1, Afternoon: Strengths Assessment (SA):

The participants will be introduced to the Strengths Assessment Tool

Day 2 Forenoon:

The participants will be trained in using the SA as a tool in the process of recovery with the client.

WHO CAN ATTEND?

Only 30 participants - first come first serve basis, including:

- Mental health professionals
- Students from behavioral sciences
- Rehabilitation professionals
- NGO's working in disability sector

DETAILS OF REGISTRATION

Registration Fees: 1000/- (Includes Lunch, Refreshment, Participation Certificate and Workshop Kit)

Accommodation for outstation participants will be offered in the institute premises subject to the availability and the cost should be borne by the participants. **(Per day ₹ 600 (per candidate-300)/- for twin sharing)**

Interested candidates can fill up the registration form after remitting the registration fees through Demand Draft (DD), in the name of 'Director NIMHANS' and send it to the below address.

For further enquiry contact:

Dr Aarti Jagannathan

Workshop Organizer

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