



Clinical Psychology: Promoting Mental Health
A Orientation Programme for Postgraduate Students of Psychology

Date: **March 1 & 2, 2019** Venue: **Dept. of Clinical Psychology**

National Institute of Mental Health and Neurosciences
(An Institute of National Importance)
Bengaluru 560029

Mental health is an important component of overall health and wellbeing. It is estimated that nearly 20% of the adult population in the community is affected with one or the other mental illness. The number would only increase if we were to add people in need of psychological interventions for problems of adjustment, stress and coping. Clinical Psychologists are among the mental health professionals recognized to deliver services for people with mental health problems. As there is a great demand for Clinical Psychology services with reference to delivering mental health services, we need more Psychologists to come into the field. This is your chance to know all that you wanted to learn about Clinical Psychology and Mental Health.

Aim: To orient the postgraduate students in Psychology to Clinical Psychology and develop a holistic perspective of mental health.

About the programme: The programme involves a series of lively interactions with the eminent faculty of the Department of Clinical Psychology, NIMHANS through presentations, question-answer sessions and group discussions. The workshop sessions would cover various branches of clinical psychology namely, Child and Adolescent Psychology, Cognitive Behavioural Medicine, Family & Marital therapy, Neuropsychology, Addiction Medicine, Rehabilitation Psychology, General Hospital Psychological Services /Health Psychology, Forensic Psychology, Positive Psychology and Community Mental Health.

About the department: Established in 1954, the Department of Clinical Psychology, NIMHANS is one of the oldest in the country. It is running postgraduate training programmes since 1955. It offers M.Phil in Clinical Psychology and Ph.D. in Clinical Psychology programs. It also offers various other certificate programmes in collaboration with other Departments for instance, Child and Adolescent Mental Health, Family Psychiatry Unit, Substance Dependence besides many independent short-term programmes on various sub-specialities of Clinical Psychology.

Who can apply?

Any first or second year postgraduate student in Psychology from any recognized University and its affiliated colleges. Postgraduate students who have recently passed their Master's degree in Psychology can also apply for this program.

How to apply?

The participants need to **fill the attached registration** form which is to be duly **signed by the Head of the respective Department of Psychology** and send along with a **Demand Draft of Rs.1800/-** (one thousand eight hundred only) drawn in favour of the **Director, NIMHANS**, payable at Bangalore. The last date for the registration is **15th February 2019**. Your full name, contact number and name of the workshop must be mentioned on the reverse side of the demand draft. The Completed registration form along with the demand draft has to be sent to 'Dr. Nitin Anand, Associate Professor, Department of Clinical Psychology, 3rd Floor, Dr. MV Govindaswamy Centre, NIMHANS, Bengaluru- 560029'.

Coordinators:

Dr. Nitin Anand
Dr. Rajkumari. P.Reddy

Address for Correspondence:

Dr. Nitin Anand, Coordinator-CPMH
Department of Clinical Psychology
3rd Floor, Dr. MV Govindaswamy Centre
NIMHANS, Bengaluru 560029
080-2699 5180/5886 (Office)
Email: coordinators.cpmh@gmail.com



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Registration Form

Name (in capital Letters only) : _____

Name of the Course : _____

Department & University : _____

Complete Postal Address : _____

_____ Pincode _____

Email (in capital letters only) : _____

Landline Phone/ Mobile: _____

Payment details:

	Demand Draft Number	Date the DD was drawn	Name of the bank	Branch code and address
<i>Demand Draft</i>				

Date:

Signature of Participant:

Attestation of the Head of the Department

Signature

Name:

Seal:

Note:

1. Please send the filled registration form along with the demand draft by post to 'Dr.Nitin Anand, Associate Professor, Department of Clinical Psychology, 3rd Floor, Dr. MV Govindaswamy Centre, NIMHANS, Bengaluru 560029'. Your full name, contact number and name of the workshop must be mentioned on the reverse side of the demand draft.

2. Please tick ✓ in the indicated box, if you need accommodation [Need Accommodation].
If yes, give the date of arrival, and number of days for which accommodation is required:

3. Arrangements for the accommodations will be made based on availability of the rooms. Participants are requested to confirm the availability of rooms with the coordinator. Accommodations will be booked only after the registration. We advise you to make your own arrangements as there are only limited accommodation available and it is on first-cum-first-serve basis.

4. The status of request for accommodation will be likely shared with you around 20th February 2019.

5. Participants are requested to make their travel arrangements only after the confirmation of registration.