

# Dr Ramachandra N Moorthy Foundation for Mental Health & Neurological Sciences

# National Institute of Mental Health & Neuro Sciences (NIMHANS), Bangalore, India

### Sixth Leadership and Professional Skills Course for Early Career Psychiatrists

The Leadership and Professional Skills course for Early Career Mental Health Professionals at the National Institute of Mental Health and Neuro Sciences (NIMHANS), Bangalore is an educational activity for early career psychiatrists and other mental health professionals held under the auspices of the Dr Ramachandra N Moorthy Foundation for Mental Health and Neurological Sciences at NIMHANS – created through a generous donation by Dr Ramachandra N Moorthy, an Indian born Canadian psychiatrist from Vancouver, Canada.

The Inaugural Leadership and Professional skills course was held in December 2012 and since then these are being conducted very year. The participants in the first and the second Leadership and Professional Skills courses for early career were from India while the subsequent courses, included participants from the SAARC & neighbouring countries.

The courses were organized in collaboration with the Association for the Improvement of Mental Health Programs, Geneva, of which Professor Norman Sartorius, is the President. The Sixth Leadership and Professional Skills course for early career psychiatrists will be held from 1<sup>st</sup> to 3<sup>rd</sup> of February 2018, at NIMHANS, Bangalore. India, and will again include participants from SAARC and other neighbouring Countries.

### Aims of the Workshop:

The Leadership and Professional Skills Course will bring together a small group (16) of promising early career psychiatrists from SAARC and neighbouring countries, selected through an open, international selection process. The Course will aim to inspire and encourage the young Psychiatrists from the SAARC and neighbouring counties to use their talent and capacity to the full in their work and to take up leadership roles in finding solutions to their country's mental health problems in a variety of ways and in various settings through the government, NGO and private sector, as well as in their

academic, research, training activities. The Course will aim to enable participants to use professional skills, for example, those useful in communication in clinical work, teaching and in relation to mass media and those helpful in the organisation and management of services through individualised and group skill building training

During the course, which will be highly interactive, the participants will be expected to make a brief presentation (of 8 minutes) on a topic of their choice and to bring along a poster on a topic of their choice.

Date & Venue: The Workshop will be held at NIMHANS Convention Centre, Bangalore, India on the dates during 1<sup>st</sup> to 3<sup>rd</sup> of February 2018.

#### **Faculty of the Workshop:**

- Professor Norman Sartorius, MD; PhD, FRCPsych, President, Association for the Improvement of Mental Health Programmes, Honorary, Adjunct or Visiting Professor at the Universities in St. Louis, New York, Zagreb, London, and Beijing, former Director of the Department of Mental Health, World Health Organization (WHO) and past President of the World Psychiatric Association (WPA)
- 2. **Professor Mohan K Isaac**, MD, DPM, FRCPsych, FRANZCP, Professor of Psychiatry (Population Mental Health), School of Psychiatry and Clinical Neurosciences, The University of Western Australia, Perth & Visiting Professor of Psychiatry, NIMHANS Bangalore.
- 3. **Dr Santosh K Chaturvedi**, MD, FRCPsych; Dean Behavioural Sciences, Professor of Psychiatry & Member Secretary Dr Ramachandra N Moorthy Foundation for Mental Health and Neurological Sciences, NIMHANS, Bangalore
- 4. **Dr Pratima Murthy**, DPM, MD, FRCP; Professor of Psychiatry, NIMHANS, Bangalore

#### Who can nominate?

Nominating Persons can be Heads of Departments of Psychiatry/ Heads of professional bodies and psychiatric societies or senior mental health professionals.

#### Eligibility criteria:

- 1. The applicants should be close (within one year) to the completion of their postgraduate training in psychiatry or should have completed their training in psychiatry not more than 5 years back The application should include
  - a brief resume (curriculum vitae) of the applicant,
  - a letter from the nominating person giving reasons for

- proposing the nominee
- a letter from the nominee saying why they would like to attend the course
- A page of the passport indicating the age of the candidate

<u>Important Dates</u>: Workshop from 1<sup>st</sup> to 3<sup>rd</sup> of February 2018. The participants will be expected to arrive on the 31<sup>st</sup> of January 2018 in Bangalore and they will be expected to attend the complete workshop until the end of evening on the 3<sup>rd</sup> of February 2018.

Last date for Applications: 12th November 2017.

You will hear from us about the selection on or before the 31<sup>st</sup> of November 2017. Those who are selected will be provided with eligible travel costs (the cheapest and shortest route airfare) to attend the Workshop and local hospitality (board and lodging) at NIMHANS, Bangalore.

#### **Workshop Co-ordinators:**

Dr Krishna Prasad, MD Associate Professor of Psychiatry, NIMHANS

Dr Arun Kandasamy, MD Associate Professor of Psychiatry, NIMHANS

Contact details: Nominations should be sent by email toleader.nimhans@gmail.com