



The De-addiction Centre at the National Institute of Mental Health and Neuro Sciences, Bangalore, India, was established in 1991. It has been recognized as the Regional Centre for the Southern Region by the Ministry of Health and Family Welfare, Government of India since 1998. It is a vibrant centre with the triple mandate of providing clinical services, training and research in the area of addiction.

This manual on Psychosocial Interventions for Persons with Substance Abuse: Theory and Practice covers various aspects of addiction including brief interventions, motivation enhancement, relapse prevention, extra-treatment support, aftercare and community based interventions. Primarily intended for medical officers, we hope it will be useful for any professional interested in providing effective services for persons with substance abuse.



Psychosocial Interventions for Persons with Substance Abuse: Theory and Practice

Editors
Pratima Murthy
S. Bala Shanthi Nikketha

National Institute of Mental Health and Neuro Sciences
De-Addiction Centre

Developed under WHO-GOI Collaborative Programme
2006-2007