

# WHO Collaborative Project on Unrecorded consumption of Alcohol

Karnataka, India



National Institute of Mental Health and Neurosciences  
Bangalore, India

World Health Organization



## **Acknowledgements**

Prof. D. Nagaraja, Director & Vice Chancellor, NIMHANS  
Prof. M. Gourie Devi, former Director & Vice Chancellor, NIMHANS  
Mr. Shivalingamurthy, Registrar, NIMHANS

Mr. H. Shashidhar, Director, Census Operations, Karnataka  
Karnataka Excise Department

Field workers – Mr. Govindraju, Mr. Krishnamurthy Joshi, Mr. Kumar M, Mr. Sri Shyla  
Kumar, Mr. Venkatesh Naik and Mr. Hanumantrayappa.

Co-ordinator – Dr. Shashi Kiran

Dr. K Thennarasu, Assistant Professor of Bio-statistics, NIMHANS

Mr. Parthiban, Co-ordination Section, NIMHANS

Ms. Geetha and Ms. Roopa

And

Isidore Obot Ph.D. (WHO, Geneva)

Cover Illustration - *Toddy makers* by Ramesh Rao

# WHO Collaborative Project on Unrecorded consumption of Alcohol

Karnataka, India

**Vivek Benegal (Principal Investigator)**

*Deaddiction Centre, NIMHANS*

**Gopalkrishna Gururaj (Co - Investigator)**

*Department of Epidemiology, NIMHANS*

**Pratima Murthy (Co – Investigator)**

*Department of Psychiatry, NIMHANS*



## Contents

	Page
Introduction	1
Aims and Objectives of the current study	3
Review of Literature	
Alcohol use in India – Historical perspective	6
Alcohol use in India – Production, sales, consumption, policies	18
Alcohol use in Karnataka	28
Undocumented alcohol use in Karnataka	40
Karnataka	41
Method	42
Results	46
Discussion	70
Summary	85
Reference	86

