

## CURRICULUM VITAE

NAME: **PRATIMA MURTHY**

PRESENT POSITION: Professor, Dept. of Psychiatry,  
& Chief, De-addiction Services  
National Institute Of Mental Health  
And Neuro Sciences, Bangalore 5600029, INDIA

### EDUCATION

1987- 1989 : M.D. DEGREE IN PSYCHOLOGICAL MEDICINE.  
National Institute of Mental Health And  
Neuro Sciences, (NIMHANS) Bangalore.

1985 - 1987 : DIPLOMA IN PSYCHOLOGICAL MEDICINE.  
NIMHANS Bangalore,

1979 -1985 : M.B.B.S., Bangalore Medical College, Bangalore  
Passed with I Class with Distinctions in  
Biochemistry, Ophthalmology, ENT.

1977 - 1979 : PRE-UNIVERSITY COURSE, Mount Carmel  
College, Bangalore  
I Class

1969 - 1976 : INDIAN SCHOOL CERTIFICATE EXAMINATION,  
Sophia High School, Bangalore.  
Best Outgoing Student

### Previous Positions held

1993 - 1994 : Assistant Professor, De-Addiction Unit, NIMHANS

1994 - 1998 (June) : Assistant Professor of Psychiatry, NIMHANS

1998- June 2003 : Associate Professor of Psychiatry, NIMHANS

July 2003 – 16 October 2005 : Additional Professor of Psychiatry, NIMHANS

17 October 2005 to date : Professor of Psychiatry, NIMHANS

June 2006 to date : In charge, De-Addiction Centre, NIMHANS

### AWARDS

1. **Tilak Venkoba Rao Oration Award** of the Indian Psychiatric Society for the paper titled : "Alcohol Dependence: Biological and Clinical Correlates" for the year 2001
2. **World Health Organization Prize** for Best Performance in Diploma in Psychological Medicine for Psychiatrists from Developing Countries. University of Manchester 1993.

3. **Marfatia Senior Psychiatrists' Award** for best paper titled Erythrocyte Aldehyde Dehydrogenase in Alcoholism presented at the Indian Psychiatric Society Annual Conference, January 1992, New Delhi
4. **NIMHANS Silver Jubilee Award for Best Outgoing Student** of the Year in MD in Psychological Medicine, 1989
5. **DLN Murthy Rao Award** for having secured the highest marks in the Diploma in Psychological Medicine, 1987.
6. **Best Outgoing Student.** Sophia High School, 1975
7. **International Associate, Royal College of Psychiatrists, UK,** September 2010

#### **OTHER TRAVEL AWARDS/Travel abroad**

1. Puerto Rico: on CPDD/WHO/NIDA Travel Fellowship Award to attend the NIDA meeting on Building International Research at Puerto Rico, followed by the CPDD Annual Meeting. June 1996
2. Madrid, Spain: Travel Award to young scientist to attend the World Psychiatric Association International Conference. August 1996
3. Malaysia: Nominated by the National Commission for Women to attend an International Conference on Women and Family. September 1998
4. NIDA, USA/SPR. Annual SPR Meeting. San Francisco.USA. NIDA Travel Fellowship. May 2008
5. **International Harm Reduction Association.** Travel Fellowship, International Conference on Harm Reduction, Bangkok, April 2009.
6. Attended the Asia Regional Alliance for the treatment of nicotine dependence (ATND) meeting at Beijing, China, August 2009
7. Member of the NIMHANS delegation to Washington University at St Louis, March 2010

#### **Membership of Scientific Societies**

1. Life Fellow, Indian Psychiatric Society
2. Life Member, IPS (south zone)
3. Life Member, IPS (Karnataka)

#### **Other Responsibilities**

1. Co-ordinator for community, research and training activities of the De-Addiction Unit
2. Associate Editor, De-Addiction Quarterly
3. Convenor, Sub group of Post-Graduate Psychiatric Education, Indian Psychiatric Society, 2001-2002
4. Mentor, ICAHORTA Project under the Fogarty Foundation, USA to promote training and research in areas related to psychiatry.
5. Head of the De-Addiction Centre, NIMHANS since June 2006
6. Organise annual one-month orientation course in De-Addiction

#### **Other Activities Undertaken**

1. Editor, NIMHANS Alumni Souvenir 1998
2. Editor, Souvenir of the International Conference on family and psychosocial Rehabilitation.
3. Editor, NIMHANS Alumni Souvenir 2000
3. Joint Organising Secretary, Indo Us Symposium on Current Trends in Alcoholism. March 2001
4. Editor, NIMHANS Golden Jubilee Commemorative Volume, NIMHANS, February 2004
5. Organising Secretary, Symposium on Addiction: Etiologies to Interventions, NIMHANS, November 2004
6. Member, Scientific and catering committees, NIMHANS Dept of Psychiatry Golden Jubilee Symposium, February 2005

7. Reviewer, Indian Journal of Psychiatry
8. Examiner, Rajeev Gandhi University
9. Examiner, DNB internal examination, St John's Medical College and Hospital, Bangalore
10. Organised the meeting on draft state mental health rules on behalf of NIMHANS, Ministry of Health and Family Welfare, Govt of India, June 2010
11. Organised the meeting on amendments to the Mental Health Act on behalf of NIMHANS, Ministry of Health and Family Welfare, Govt of India, July 2010
12. Ad Hoc Reviewer for Indian J Cancer, Indian Council for Medical Research, Annals of Emergency Medicine

#### Visiting Faculty

1. Banjara Academy
2. Richmond Fellowship Society (India) Diploma in Counselling Course

Examiner for MD/DPM Psychiatry, Rajiv Gandhi University of Health Sciences (2004) and for the Diploma Course in Psycho-Social Rehabilitation (Richmond Fellowship)

#### Assignments and Consultancies

1. **International Labour Organization, Geneva.** Invited by the ILO to document Best Practices of Workplace Prevention of Alcohol and Drug Abuse. A case study on the programme of the Karnataka State Road Transport Corporation. 2000
2. **United Nations Development Programme.** Served as international technical consultant for the UNDP/ESCAP on a mission to the Maldives to carry out a feasibility assessment of a rapid situation assessment of drug abuse. October 29-2 November 2001
3. **United Nations Drug Control Programme.** Scientific Editor: Education pamphlets on substance abuse management for service providers. UNDCP. November 2001
4. **International Labour Organization, Geneva** Served as instructor on the ILO module Alcohol and Drugs at the Workplace at the International Solve Training Course. Turin, Italy, April 2002
5. **Colombo Plan.** Invited by the Drug Advisory Programme, Colombo Plan to be the Chief Trainer at a workshop on Workplace Prevention of alcohol and drug abuse held during the International Conference addressing Psycho-Social Problems at the workplace. Penang, Malaysia. June 2002
6. **International Labour Organization, Geneva.** Served as International Trainer for Workshop on Workplace Prevention of Alcohol and Drugs. Organised by the ILO and University Sains Malaysia, Penang, Malaysia, August 2002
7. **United Nations Drug Control Programme** Scientific Editor of the ILO report on community based drug rehabilitation and workplace prevention of substance abuse in India MSJE/ILO/UNDCP/EC. 2002
8. **United Nations Drug Control Programme** Scientific Editor of Monograph: Women and Drug Abuse: The Problem in India (UNDCP/MSJE).2002
9. **International Labour Organization, Geneva** Invited to edit 3 MicroSolve Training modules for workers and supervisors on Alcohol and Drugs at the Workplace: Recognition, action and prevention. ILO, Geneva, 2002-03.
10. **Colombo Plan** Invited to be the chief trainer at the workshop on Triggering Workplaces for Prevention of Substance Abuse organized by the Drug Advisory Board, Colombo Plan and National Dangerous Drugs Control Board, Sri Lanka, Colombo, 20-21 February 2003
11. **World Health Organization.** Invited as International consultant and team leader to evaluate the National Project "Strengthening Specific Drug Demand Reduction Activities in Sri Lanka" Project SL/72, UNDCP/WHO/NDCCB, Colombo, February 22-March 3, 2003
12. **International Labour Organization, Geneva** Invited as International Trainer for the ILO SOLVE course on prevention of psycho-social problems at the workplace. Workshop organized by the International Labour Organization, Geneva and the Chamber of Commerce, Sri Lanka, November 2003

13. **Narcotics Control Board, Maldives.** Technical consultant for Drug abuse in the Maldives Project report released in 2003, edited several chapters
14. **International Labour Organization, Geneva** Invited as an international resource person to a meeting on Psychosocial Problems at the Workplace, organized by the ILO and Smithers Institute, Cornell University, New York, February 2004.
15. **University Sains Malaysia.** Invited by the International Labour Organization and the University Sains Malaysia as international trainer for 3 back to back courses on Managing Psycho-Social Problems at the Workplace (SOLVE), SOLVE course for Directors, and Workplace Prevention of Alcohol and Drugs. University Sains Malaysia, Penang, May 16-28, 2004
16. **United Nations Office on Drugs and Crime.** Served on panel of experts for monograph on substance abuse treatment and care for women: Case studies and lessons learned. UNODC Vienna. August 2004.
17. **International Labour Organization, Geneva.** Technical Consultant for the International Labour Organization, to develop a self directed training module for managers on dealing with stress at the workplace, ILO Geneva, March 20-24, 2005
18. **Washington University at St Louis.** Visiting Professor, Washington University Department of Psychiatry, EPRG group, St Louis, May 2005
19. **International Labour Organization, Geneva.** Technical Consultant for the International Labour Organization, Geneva, to author a chapter on Alcohol and Drugs for the SOLVE (addressing psychosocial issues at the workplace) module, September 2005.
20. **Government of India.** Part of monitoring team to monitor functioning of the de-addiction centers in South India funded by the Ministry of Health and Family Welfare, Government of India, Sep – Dec 2005
21. **World Health Organisation Country Office.** Part of team involved in drafting advocacy document to control alcohol-related harm for India, World Health Organisation assignment. January 2006
22. **United Nations Office on Drugs and Crime.** Consultant for United Nations Office on Drugs and Crime, Regional Office for S Asia for Situation Desk study under project IND/149 "Reducing substance use related vulnerability in female drug users and female partners of male drug users". 2006-2007
23. **United Nations Office on Drugs and Crime** Lead Trainer. Regional Workshops on Reducing Substance Related Vulnerabilities. Organised by UNODC at Delhi, Calcutta, Pune, Shillong, Jan-Feb 2007.
24. **Reference Group to the United Nations on Drug use and HIV.** Invited as Corresponding Member, Reference Group to the United Nations on HIV, March 2008-2010
25. **WHO SEARO.** Consultant to develop modules on tobacco cessation for doctors and dentists; nurses and other health professionals 2009
26. **UNAIDS TAG UNODC.** Gender Advisor for the UNAIDS TAG UNODC H 13 Project 2009
27. **WCTOH.** Invited to make a hemi-plenary presentation at the 14<sup>th</sup> World Congress on Tobacco or Health, Mumbai, India, 2009.
28. **WHO SEARO- Bangkok.** Meeting of experts for reduction of harm from alcohol. Bangkok, April 2009.
29. **National Facilitator,** Tobacco Cessation Advisory Council, supported by Pfizer. 2010
30. **Action for Cessation of Tobacco Initiative (ACTIVE).** Honorary Consultant. Johnson and Johnson 2010.
31. **Co-ordinator, Meeting for formulation of State Rules for the Mental Health Act 1987, Government of India, June 2010.**
32. **Co-ordinator, Regional meeting on Amendments to the Mental Health Act 1987, Ministry of Health and Family Welfare, Government of India, August 2010**
33. **Reviewer for the policy document on tobacco cessation under the National Tobacco Control Programme, Ministry of Health and Family Welfare, Govt of India and the WHO country office, September 2010**

## Projects

Community based drug rehabilitation and workplace prevention of substance misuse.	Ministry of Welfare, Govt of India/ UNDCP/International Labour Organization	Principal Investigator	1995-1998
Supported Employment in Substance Users	Ministry of Welfare, Govt of India / UNDCP/International Labour Organization	Principal Investigator	1995-1998
Project on Developing Core Questionnaire on Drug Epidemiology	World Health Organization	Co-investigator	1996
Seizures in alcoholism	NIMHANS	Principal Investigator	1999
Rapid Assessment of Drug Abuse in Bangalore	United Nations Drug Control Program (UNDCP)	Principal Investigator	2000
Nutrition in Alcoholism	NIMHANS	Principal Investigator	2000
Alcoholism and Sexuality in Women	Ford Foundation	Principal Investigator	1999-2001
National Household Survey of Drug and Alcohol Abuse in India (for Karnataka).	Ministry of Social Justice and Empowerment MSJE, Govt of India and UNDCP	Principal Investigator	2001-02
Molecular Genetic study of Alcohol Metabolising Enzymes in the Indian Population	NIMHANS	Co-investigator	2000-2001
Establishing and Monitoring Alcohol's Involvement in Casualties – Multi centre collaborative Project	World Health Organisation	Co-investigator	2001-2002
Assessment of Unrecorded Consumption of Alcohol [Multi centre collaborative Project]	World Health Organisation, Country Office and Ministry of Health	Co-investigator	2001-2002
Tobacco Cessation Clinic - Multi centre collaborative Project	World Health Organisation Country Office and Ministry of Health	Currently Principal Investigator	2002-
Evaluation of drug de-addiction centers in South India	Ministry of Social Justice and Empowerment, GOI	Principal Investigator	2002

Targeted Risk Reduction In Children Of Alcoholics	Ministry of Health & Family Welfare / World Health Organisation	Co- Investigator	2003-05
Multi-Centre Collaborative Project on Gender, Alcohol and Culture [GENACIS]	World Health Organisation	Co- Investigator for the India site at Bangalore	2003-04
Workplace prevention of alcohol and other psychosocial stressors	Karnataka State Road Transport Organisation	PI	2003-2004
Co-ordinating Centre for TCCs in India	Ministry of Health & Family Welfare / World Health Organisation	Currently PI	2003-
Determinants of well-being		PI	2006-2009
Mental Health Care and substance use prevention in Prisons	Karnataka District Legal Services Authority	Co-investigator	2008-2009
Foetal Alcohol Syndrome	Deaddiction centre, NIMHANS	PI	2007-2008
Correlates of anger among alcohol users	De-Addiction Centre, NIMHANS	Co-Investigator	2009-2010
Course and outcome of alcohol dependence	WHO SEARO	Co-Investigator	2009-2010
Community harm reduction from alcohol	WHO SEARO	PI	2009-2010

#### **PUBLICATIONS in Journals:**

1. Mahadevappa, H., **MURTHY, P.**, Desai, N.G., Ray, R. (1987) Tracing Techniques in the follow up of Alcoholics, Indian Journal of Psychiatry, 29,4, 377-379.
2. **MURTHY, P.**, (1989) Erythrocyte Aldehyde Dehydrogenase in Alcoholism, M.D. Dissertation, Bangalore University.
3. Khanna S, Raj M, Sathyanarayana V, Ram JR, **MURTHY P** (1991) Fluoxetine in obsessive compulsive disorder, a preliminary experience. Indian Journal of Psychological Medicine, 14,67-71.
4. **MURTHY, P.**, Guru, S.C., Shetty, K.T., Ray, R., Channabasavanna, S.M (1992) Diazepam and chlordiazepoxide mediated increase in erythrocyte aldehyde activity and its possible implications. Alcohol, 9,199-202.
5. **MURTHY, P.**, Guru, S.C., Channabasavanna, S.M., Subbakrishna, D., Shetty, T. (1996) Erythrocyte Aldehyde Dehydrogenase-a potential marker for alcohol dependence. Indian Journal of Psychiatry,196, 38 (1), 38-42.
6. **MURTHY, P.** (1996) Disulfiram - Newer perspectives. De-Addiction Quarterly 1-4.
7. **MURTHY, P.**, Janakiramiah, N. (1996) Alcoholism Counselling. De-Addiction Quarterly, 1, 3, 1-3.
8. **MURTHY P**, Chaturvedi SK, Rao A (1996) Learner Centred Learning or Teacher Led Teaching. A Study at a Psychiatric Center. Indian Journal of Psychiatry,38,3,133-136.
9. **MURTHY P (1997)**. Images in Psychiatry-Diagnoses in the Last Century. Indian Psychiatric Society (IPS), Karnataka Branch (KB) Newsletter 2: 13-14
10. **MURTHY P** (1997). Scenes from the past. IPS(KB) Newsletter2:14-16
11. **MURTHY P**, Benegal V, Jain S (1998) Physical Treatment in the Pre-Chlorpromazine Era. IPS (KB) newsletter, 11-14.

12. **MURTHY P**, Jayakumar PN, Sampat S (1997) Of Insects and Eggs: a case report. *Journal of Neurology, Neurosurgery, Psychiatry*;63:522-523
13. **MURTHY, P.**, Janakiramiah, N. (1998) Long term issues in the treatment of Alcoholism De-Addiction Quarterly, 3, 1, 2-5.
14. Prasad, S., **MURTHY, P**, Mallika, R., Vandana, Gopinath, P.S. (1998) Alcohol Dependence in Women : A preliminary profile. *NIMHANS Journal*, April, 87-91.
15. Kamath K, **MURTHY, P**. (1998) Group Therapy With Alcohol Dependents :Processes And Perception. *NIMHANS Journal* 16 (3):197-201.
16. Janakiramiah, N., Murthy, N.V., Raghu, T.M., Subbakrishna, D.K., Gangadhar, B.N., **MURTHY, P**. (1999) The Brief Addiction Rating Scale. *Indian Journal of Psychiatry* 41 (2):100-103.
17. Girish K, **MURTHY P**, Isaac M (1999) Drug Treatment in Schizophrenia: Issues of Comparability and Costs. *Indian Journal of Psychiatry*, 41(2):100-103
18. **MURTHY P**, Benegal V (1999) Drug Control Policy in India:Role of harm minimisation. *De-Addiction Quarterly* 4,4:1-5
19. Benegal V, Shantala A, **MURTHY P**, Janakiramiah N (2000) Dimensions of the alcoholism epidemic in Karnataka. The Need for Urgent Action. *De-Addiction Quarterly*,5,1:1-8.
20. Prasad, S., **MURTHY, P.**, Gopinath, P.S. (2000) Factors influencing treatment outcome in alcoholism *Indian Journal of Psychiatry* 42,4, 387-392
21. Singh S, **Murthy P** (2001) Ketamine Dependence. *Indian Journal of Psychiatry*, 43,2,175-177
22. Jain S, **Murthy P**, Shankar SK (2001). Neuropsychiatric perspectives from 19th century India: the diaries of Dr Charles I. Smith xii, 459-466
23. Silva MC, Singh P, **MURTHY P** (2002) Fibromyositis after pentazocine abuse. *Postgraduate Medicine*, 2002, July-Sept, 48 (3):239
24. Chagas Melvin Silva, Ramani Madhu K, **Murthy Pratima** (2003) Lithium withdrawal induced dystonia - A Case Report <http://www.priory.com/psych/lithdystonia.htm>
25. **Murthy P** (2003). Tilak Venkoba Rao Oration. Alcohol Dependence. Biological and Clinical Correlates. *Indian Journal of Psychiatry*. Vol 45, No II, April –June 2003, 15-19
26. Jaydip Sarkar, **MURTHY P**, Swaran P Singh. Psychiatric Morbidity of Cannabis Abuse. *Indian Journal of Psychiatry*, Vol 45, III, July-Sep 2003, 182-188
27. Prabhat K Chand, Murthy P. Megadose Lorazepam Dependence. *Addiction* Volume 98: Issue 11, November 2003, 1635-1636
28. **Pratima Murthy**, Sanjeev Jain, Chandrashekar CR. *NIMHANS Golden Jubilee Commemorative volume*. NIMHANS, February 2004
29. Prabhat K Chand, Kalyani GS, **Murthy P** (2004) Venlafaxine-associated hypomania in Unipolar Depression. *Canadian J of Psychiatry*,49, (7), July, 496 (letter)
30. P.N. Manoj, John P. John, Ashu Gandhi, Madhu Kewalramani, **Pratima Murthy**, Santosh K. Chaturvedi, Mohan K. Isaac (2004) Delusion of Test-Tube Pregnancy in a Sexually Abused Girl. *Psychopathology*,37 (3), 152-154
31. **Pratima Murthy**, Sanjeev Jain (2005)The Lunatic Asylum and its Successors. In the Souvenir of the Annual National Conference of Indian Association of Physical Medicine and Rehabilitation, January 2005,21-25
32. Chand PK, Anand S, **Murthy P** (2005) Monosymptomatic Hypochondriacal Psychosis: Atypical presentation and response to Olanzapine. *Journal of Clinical Psychiatry*. Jun;66(6):800-801(letter)
33. **Pratima Murthy** (2005). Hysteria. Points to Ponder. *Indian Psychiatric Society (Karnataka Branch) News letter*, No 7, March, 4-6
34. Chand PK, Anand S, **Murthy P** (2005) Monosymptomatic Hypochondriacal Psychosis: Atypical Presentation and Response to Olanzapine. *The Journal of Clinical Psychiatry*, 66, 6:800
35. Chand PK, Raghunandan VNGP, **Murthy P** (2006) Selective SSRIs and mania: Escitalopram associated in unipolar depression. *Indian J of Psychological Medicine*, 28 (1): 137-140
36. Chand PK, Anand S, **Murthy P** (2006) Monosymptomatic Hypochondriacal Psychosis or Tardive Dystonia? Branka Aukst-Margetic and Branimir Margetic, Reply. *The Journal of Clinical Psychiatry*,67,2:328



37. Chand PK, Raghunandan VNGP, **Murthy P** (2006) Selective SSRIs and mania: Escitalopram associated in unipolar depression. *Indian J of Psychological Medicine*, 28 (1): 137-140
38. Chand PK, **Murthy P** (2006) Mania as a presenting symptom of Wilson's disease. *Acta Neuropsychiatrica*, 18(1):47
39. Jain S, **Murthy P** Madmen and specialists: the clientele and the staff of the Lunatic Asylum, Bangalore. *Int Rev Psychiatry*. 2006 Aug;18(4):345-54.
40. Hebbar S, **Murthy P**, Benegal V (2006) The disulfiram-ethanol reaction revisited. Implications for disulfiram dose. *Indian J of Psychological Medicine*.
41. Chand PK, **Murthy P**. Understanding a Strange Phenomenon: Lilliputian Hallucinations. *German Journal of Psychiatry* 2007. <http://www.gipsy.uni-goettingen.de.ISSN>, Vol 10, Issue No 1, 21-24.
42. Girish N, **Pratima Murthy** . Indian Physician Emigration. 22 April 2006. Global forum. <http://procor.org>
43. SK Sampath, PK Chand, **P Murthy** (2007) Problem drinking among male inpatients in a Rural General Hospital. *Indian Journal of Community Medicine*, vol 32, No 1, 93, letter
44. NP Rao, PK Chand, **P Murthy** (2007) A case of late onset paedophilia and response to sertraline. *Prim Care Companion J Clin Psychiatry*. 2007; 9(3): 235–236.
45. Isaac M, Chand PK, **Murthy P** (2007) Schizophrenia outcome measures in the wider international community. *The British Journal of Psychiatry* (2007) 191:50:71-77.
46. **Murthy P**, Taly AB, PN Jayakumar (2007). Seizures in Alcohol Dependence. *German Journal of Psychiatry*, Volume 10, Issue 3, 54-57
47. Mohan Isaac; Prabhat Chand; **Pratima Murthy** Research, empiricism and clinical practice in low-income countries. [International Review of Psychiatry](#), Volume 19, Issue 5 October 2007 , pages 559 – 571
48. Prasanthi N, Nagarajaiah, **Pratima Murthy** (2007) Burden on women due to substance abuse. In *Drug Abuse: News-n-Views*, October issue, 6-8
49. Kulhalli V, Isacc M, **Murthy P** (2007) Cannabis related psychosis: Presentation and effect of abstinence. *Indian J of Psychiatry*, 49,4, 256-261.
50. Prasanthi N, **Pratima Murthy**, Nagarajaiah, Reddamma K, Shanmugham V (2007) Motivational Levels and Influencing Factors in Alcohol Dependence *Indian Journal of Psychological Medicine*. Vol 29, No 1: 38-42.
51. Gupta, A, Sreejayan K, Chand P, Benegal V, **Murthy P** (2008) Carisoprodol induced amnestic state. *Indian Journal of Psychiatry*, 50 (1) Jan-March 2008, 72 -73.
52. Prabhat Kumar Chand and **Pratima Murthy**. Climate change and mental health. *World Health Organization. Regional Health Forum – Volume 12, Number 1, 2008, 43-48*
53. [Sinha S](#), [Harish T](#), [Taly AB](#), [Murthy P](#), [Nagarathna S](#), [Chandramuki A](#). Symptomatic seizures in neurosyphilis: An experience from a University Hospital in south India. [Seizure](#). 2008 Jun 12. [Epub ahead of print]
54. D. R. Siri Gowri, L. N. Suman, Shobini, L. Rao and **Pratima Murthy**. A Study of Executive Functions in Alcohol Dependent Individuals: Association of Age, Education and Duration of Drinking. *Indian Journal of Clinical Psychology* Copyright, 2008, Vol. 35, No.1, 14-23
55. Nayak RB, **Murthy P**. Fetal alcohol spectrum disorder. *Indian Pediatr* 2008 Dec;45(12):977-83
56. Srivastava A, Gupta A, **Murthy P**, Murali T. *Indian J Psychiatry*. 2009 Jul-Sep;51(3):206-8. *Indian J Psychiatry*. 2009 Jul-Sep; 51(3):206-8.
57. Subodh BN, **Murthy P**, Chand PK et al. A case of poppy tea dependence in an octogenarian lady. *Drug Alcohol Rev* 2009
58. **Murthy P**, Chand PK, Harish MG, Thennarasu K, Prathima S, Karappuchamy, Janakiramiah N. Outcome of alcohol dependence: The role of continued care. *Indian J Community Medicine* 2009; 34 (2): 148-151.
59. **Murthy P**, Manjunatha N, Subodh B N, Chand PK, Benegal V. Substance use and addiction research in India. *Indian J Psychiatry* 52(1), Supplement 2010
60. **Murthy P**, Subodh BN. Current developments in behavioral interventions in tobacco cessation. *Current Opinion*. 2010 Mar;23(2):151-6.
61. Rao NP, Gupta A, Sreejayan K, Chand PK, Benegal V, **Murthy P**. Toluene associated schizophrenia-like psychosis. *Indian J Psychiatry*. 2009 Oct-Dec;51(4):329-30.



62. Kumar CN, Andrade C, **Murthy P**. [A randomized, double-blind comparison of lorazepam and chlordiazepoxide in patients with uncomplicated alcohol withdrawal.](#) J Stud [Alcohol Drugs](#). 2009 May; 70(3):467-74.
63. Jain S, **Murthy P**. The first indigenous specialists at the lunatic asylum and AllMH, Bangalore. Indian J Psychiatry. Icons of Indian Psychiatry, 2010:91-98.
64. **Pratima Murthy**, N. Manjunatha & B.N. Subodh Guidelines for the psychosocially assisted pharmacological treatment of opioid dependence, book review, Indian J Med Res 131, April 2010, pp 591-59
65. Prasanthi Nattala, Kit Sang Leung, Nagarajaiah, **Pratima Murthy**. Family Member Involvement in Relapse Prevention Improves Alcohol Dependence Outcomes: A Prospective Study at an Addiction Treatment Facility in India. Journal of Studies on Alcohol and Drugs. Vol 71(4), July 2010  
<http://www.jsad.com/jsad/issues/71/2010/1690.html>
66. **Pratima Murthy**, Sadichcha S. 'Tobacco Cessation Services in India: Recent Developments and the Need for Expansion'. Indian J Cancer, July 2010, Vol 47, Supplement 1
67. Agrawal J, **Murthy P**, Philip M, Mehrotra S, Thennarasu K, John JP, Girish N, Thippeswamy V, Isaac M. Socio-demographic Correlates of Subjective Well-being in Urban India. Social Indicators Research, July 2010
68. Sharma S, Bharath MMS, Murthy P. Qualitative high performance thin layer chromatography (HPTLC) analysis of cannabinoids in urine samples of cannabis abusers. Indian J Med Res 132, August 2010; 64- 71.
69. Murthy P. Mental Health Act 1987. Quo Vadimus. Invited Commentary. Indian J Med Ethics July 2010
70. Chand PK, Murthy P, Arunachalam V, Naveen Kumar C, Isaac M. Service utilization in a tertiary care psychiatric centre in South India. Asian Journal of Psychiatry, 2010, doi: 10.1016/j.ajp.2010.08.00.

#### **Publications in Books/monographs as Primary Author/Editor**

71. Murthy P (Ed) Community based drug rehabilitation and workplace prevention. United Nations Drugs Control Programme, International Labour Organization, Ministry of Social Justice and Empowerment, Govt of India. 2002. Available at: [http://www.unodc.org/india/en/Partnerships\\_808\\_Report.html](http://www.unodc.org/india/en/Partnerships_808_Report.html)
72. Murthy P (Principal Author). Women and Drug Abuse: The Problem in India. United Nations Drug Control Programme (UNDCP) and Ministry of Social Justice and Empowerment (MSJE) Govt of India 2002. Available at: [http://www.unodc.org/india/women\\_Book-6-5-03.html](http://www.unodc.org/india/women_Book-6-5-03.html)
73. Rapid Assessment of Drug Abuse in the Maldives. UNDP, UNESCAP and FASHAN. International consultant, Edited and contributed to many of the chapters. 2003. Available at: <http://www.dhivehiobserver.com/reports/UNDP%20drug%20report%202003.pdf>
74. Murthy P (Scientific Editor). Thematic pamphlets on Addiction – Assessing a Person, Recovery, Individual Counseling, The Family and Drug Addiction, Family Counselling, Aftercare Services, Crisis Intervention, Relapse management, Prevention in the Community. 2002. Reprinted 2005. Available at: [http://www.unodc.org/india/thematic\\_pamphlets.html](http://www.unodc.org/india/thematic_pamphlets.html)
75. Murthy P (Principal author and scientific editor). Women and Drug Use in India: Substance, Women and High-Risk Assessment Study. United Nations Office on Drugs and Crime, Ministry of Social Justice and Empowerment, United Nations Development Fund for Women. 2008
76. Murthy P, Sankaran L. Workplace well-being. Integrating psychosocial issues with health. National Institute of Mental Health and Neuro Sciences and the Printers Bangalore Pvt Limited, 2009. ISBN 81-8642400-8

77. **Murthy P**, Nikketa BS (2007). Psychosocial Interventions in Substance Use. ISBN. Supported by the World Health Organization

#### **Publications in books/monographs as Joint Author**

78. Benegal **Murthy P**, Shantala A, Janakiramiah N (2001) Alcohol related problems: A Manual for Medical Officers. ISBN 81-900 992-4-8, NIMHANS Publication No 41.
79. Zacharias J, Raghavendra S, **Murthy P**, Benegal V, Chand PK. Starting Tobacco Cessation Services. 2009.
80. Published by the Tobacco Cessation Centre, NIMHANS with support from the WHO country office and the Ministry of Health and Family Welfare, Govt of India.
81. Isaac Mk, **Murthy P**, Kewalramani M (2002) Guidelines for Post-Graduate Training in Psychiatry. Indian Psychiatric Society
82. Benegal V, Isaac MK, **Murthy P** et al (2005) Eds. Manual for Tobacco Cessation. National Cancer Control Programme. Directorate General of Health Services. Ministry of Health and Family Welfare, Government of India
83. Nagaraja C, Pratima **Murthy** (2008) Eds. Mental Health Care and Human Rights. A Joint Publication of the National Human Rights Commission, New Delhi and the National Institute of Mental Health and Neuro Sciences, Bangalore, ISBN-978-81-9044117-5.

#### **Chapters in Books**

84. **MURTHY, P.** (1998) Profile of a heroin user : Case study. In South Asia Drug Demand Reduction Report. Ray R (ed) UNDCP ROSA, New Delhi.
85. **Murthy P.** Alcohol consumption and its consequences for women. In young ladies-loneliness, stress and alcoholism. Khwaja A (ed). Banjara Academy, Bangalore, 2003, 2<sup>nd</sup> edition January 2006: 30-33.
86. Benegal V, Nayak M, **Murthy P**, Chandra P, Gururaj G (2005) Women and alcohol in India. In Alcohol, Gender and Drinking Problems. Perspectives from Low and Middle Income Countries. Obot IS, Room R (eds). ISBN 92 4 156302 8, World Health Organization.
87. **Murthy P**, Jain S. Diagnosis and Treatment Approaches at the Asylum in Bangalore. In Restoring Mental Health in India. Pluralistic therapies and concepts. Sebastia B. Ed. Oxford University Press 2009. ISBN - 13978-0-19-569875-6.
88. **MURTHY, P.** (1994) Responding to alcohol and drug problems -A Broad Framework, in Indian Psychiatric Society South Zone Souvenir.
89. Chand PK, Subodh BN, Manjunath N, Benegal V, **Murthy P.** Medical Management for substance use disorders. In Seminar on management of patients with alcohol and drug dependence, Dept of Nursing. NIMHANS 2009: 6-8.
90. **MURTHY P**, Prasad S, Gopinath PS (2000) Aftercare in Alcoholism: Critical Local Issues. Innovations in Psychiatric Rehabilitation. Kalyansundaram, Varghese M (eds). The Richmond Fellowship Society (India), 207-210.
91. **MURTHY P**, Prathima S, Kasi N, Chandramukhi (2000) Women's drinking, sexual behaviour and Reproductive Health. In Psychiatric Obstetrics and Gynaecology. Chandra PS, Chaturvedi SK, Isaac M (eds). Nimhans Publication No 40. ISBN 81-900992-1-3, 75-86.
92. Chaturvedi, SK, Kirtana R, Desai M, **MURTHY P** (2000) Quality of life in alcoholism. Quality of Life in Health and Disease. Proceedings of the First Symposium and Workshop held at Bangalore, India, December 1999. ISBN 81-900992-2-1

93. Channabasavanna SM, **Murthy P** (2003). Alcohol and Drug Abuse. In Association of Physicians (API) Text book of Medicine. 7<sup>th</sup> Edition. Shah (ed).
94. SM Channabasavanna, **Murthy P** (2004) The National Human Rights Commission Report 1999: A Defining Moment. In Mental Health An Indian Perspective. Agarwal SP (ed) Reed Elsevier Private Limited, New Delhi.
95. **Pratima Murthy**, Chand P (2005) Substance Use Disorder in Women. Substance Use Disorders. Manual for Physicians. Rakesh Lal ed. NDDTC, New Delhi. 170-176
96. Billimoria P, Jain S, Mills J, **Murthy P**, Wood SP (2007) Lost Souls, Troubled Minds: Medicalisation of Madness in the Mysore State during the Raj. Traditions of Science, Cross-Cultural Perspectives. Essays in honour of Prof BV Subbarayappa. Billimoria P, Sridhar MK (eds) Munshiram Manoharlal Publishers Pvt Ltd.
97. **Murthy P**. Women and substance use in India. International Conference on Opportunistic Pathogens in AIDS, January 2008
98. **Pratima Murthy**. Contributing author. Report on Tobacco Control in India. Reddy KS, Gupta PC (eds). Ministry of Health and Family Welfare, Govt of India, Centre for Disease Control (USA) and World Health Organisation, 2004
99. **Pratima Murthy**. Minimising Stress. Management and Leadership Programme, Module 116. International Labour Organisation, Geneva 2005. External Consultant

#### **Project Reports/Desk Studies:**

100. **MURTHY.P.**, Taly, A.B., Jayakumar (1999) Seizures in Alcoholism: findings of the Project Seal . Project report submitted to NIMHANS, Bangalore.
101. **MURTHY, P.** (1999) ILO project on Community Based Drug Rehabilitation and Workplace prevention. Project report. submitted to the International Labour Organization.
102. **Murthy P.** (2002) Case study of the KSRTC workplace programme as an exemplary workplace programme for the prevention of alcohol and drug abuse. Commissioned by the International Labour Organization, Geneva
103. **Murthy P**, Vasudevan A, Benegal V, Janakiramaiah N. Drug Abuse in Bangalore City. 2003. Sponsored by United Nations Drug Control Programme and Ministry of Social Justice and Empowerment, Govt of India
104. **Murthy P.** Substance use and HIV vulnerability among women in India. This study examined the HIV vulnerabilities and risks of Indian women as bridge populations and the especial risks faced by monogamous women partners of male substance users and women using substances. Desk study commissioned by the United Nations Office on Drugs and Crime, Vienna

#### **Public Awareness Manuals/articles**

105. Nimagidu Gotthe? Dhoomapana mathu tambaku sevaneya bagge satyamsha mathu tappu kalpanegalu. Did you know... The facts and myths of smoking and chewing tobacco. Deepa Krishnan, Mathews Sebastian, Maneesh Dhingra, Amit Zutshi, Vivek Benegal, Pratima Murthy, Tobacco Cessation Centre, NIMHANS 2007
106. Tambakina upayogavannu nillisalu sahayavaguva kaipidi. Tobacco Use: A Smart Guide On Why you should stop...and how. Mathews Sebastian, Deepa Krishnan, Maneesh Dhingra, Amit Zutshi, Vivek Benegal, Pratima Murthy 2007
107. Addiction: What to know and how to get help. Deaddiction Centre, NIMHANS, 2009
108. Subodh BN, Murthy P. Right of mental health care-every citizen's prerogative. Schizophrenia Awareness Association 2009.
109. Sudha Raghavendra, Pratima Murthy. Tambaku, Jeevana. Nemmadige breaku. Vijaya Karnataka Kannada daily. 31 May 2008
110. Sudha Raghavendra, Pratima Murthy. Tambaku Beeke?Prajavani, Arogya, Kannada daily, Health Supplement. 31 May 2008

111.Sudha Raghavendra, Pratima Murthy. Dhoomapanakke daasiyagabedi. Prajavani, Kannada daily. 29 May 2010.

### **Other editorial responsibilities**

112.Editor, NIMHANS Alumni Souvenir 1998

113.Editor, Souvenir of the International Conference on family and psychosocial Rehabilitation.

114.Editor, NIMHANS Alumni Souvenir 2000

115.Editor, NIMHANS Golden Jubilee Commemorative Volume, NIMHANS, February 2004

### **Invited Presentations**

1. Women and alcoholism. CME on Alcoholism, IPS (Karnataka), Mysore 1996
2. Long term Issues in Alcoholism. CME. Alumnus Meet, NIMHANS, Bangalore 1996
3. History of the Mental Hospital, Bangalore. Alumnus Meet, Bangalore. 1996
4. Towards legalisation of drugs. Presented at the IFCU-Grito Workshop on Developing Newer models for substance abuse , Bangalore, 1996
5. Interview of addicted individuals. Presented at the Workshop on understanding Brain-behaviour relationship for crime investigation, co-organised by Forensic Science Laboratory, and NIMHANS, Bangalore, October 1997
6. Identification and Development of Collaborative Arrangements with community services for drug abuse prevention and treatment. Presented at the International Labour Organisation Workshop on Workplace prevention of Drug and Alcohol Abuse, New Delhi, January 1998.
7. Nature of mental illness, newer treatments, rehabilitation needs of mentally ill. Presented at the public symposium on mental health and disability, AMEND and Srishti, Bangalore, March 1998.
8. Designing interventions for special groups. Paper presented at the Indo-US Symposium on Substance Abuse and Prevention of HIV. International symposium organised by YRG Care, NIDA and NACO, Chennai, February 1998
9. Workshop for Anganwadi teachers on Elements in Counselling, Visthar, Thottagubbi. Organised by Madhyam.May 1998
10. Medical problems in alcoholism presented at ILO / KSRTC workshop on `Workplace Prevention of Alcohol and Drug Abuse', KSRTC Bangalore, 18th May 1998
11. `Substance Abuse - Causes, Consequences and Associated Problems'. Presented at ILO / MICO / NIMHANS workshop on `Workplace Prevention of Alcohol and Drug Abuse', MICO Bangalore, 20th & 21st May 1998
12. `Role of Supervisors, Managers, Employees' representatives in Prevention of Substance Abuse'. Presented at ILO / MICO / NIMHANS workshop on `Workplace Prevention of Alcohol and Drug Abuse', MICO Bangalore, 20th & 21st May 1998
13. Primary Prevention of Substance Abuse. Workshop organised for women counsellors under the Colombo Plan. TTK Hospital 1999
14. Brief Summary of Hospital Visits. Findings of the NHRC Project on Quality Assurance in Mental Health. Presented at the Conference for Medical Superintendents of Mental Hospitals. 19991
15. Harm Minimisation. Paper presented at Indo UK workshop on Substance Abuse and HIV, Chennai, Feb. 2000
16. Interventions in Special Populations. Paper presented at the Indo-UK workshop on Substance Abuse and HIV, Chennai, Feb. 2000
17. Assessment of Sleep Disorders. At Symposium on Management of Sleep Disorders. Synergy, Feb. 2000
18. Forensic Psychiatry. Lecture to Magistrates organised by the Karnataka Judicial Academy, March 2000.
19. Prefrontal Cortex and mood disorders. Presentation at Annual CME, IPS (South Zone)Trissur, May 2000

20. Community wide demand reduction in India. On invitation from the UNDCP as panelist, TTK hospital, Chennai
21. Women and Mental Health- Substance Abuse. NIMHANS . February 2001
22. Substance abuse in the workplace Deccan Herald employees February 2001
23. Substance Abuse : Role of Lab Investigations, Co-morbidity , OTC drugs. WHO training programme for medical officers, CIP, Ranchi – March 2001
24. Psychotherapy in Action . CME of the IPS (Karnataka), Mangalore, March 2001
25. Zuclopenthixol – Short term outcome. In Symposium on Zuclopenthixol organized by Lundbeck, March 2001, Thrissur, May 2001.
26. Mental illness-symptoms and management. At World Mental Health Day Celebrations organized by Family Planning Association of India, April 2001
27. Rehabilitation in alcoholism. At inauguration of self help group for alcohol dependence, Sevasadan, Bangalore, April 2001
28. Community interventions for substance abuse. TTK Chennai, May 2001
29. Workplace Prevention of Substance Abuse related Problems. Titan Industries, Hosur, June 2001
30. Substance Abuse in Bangalore City. Presentation to the Bangalore Police on International Day against Illegal drug trafficking. Corps of Detectives, Bangalore, June 2001.
31. Common mental illnesses and management. At AMEND self help group, June 2001
32. Complimentary approaches to substance abuse problems in India, at the inauguration of workshop of ARMADA, International Labour Organization, New Delhi, July 2001
33. Mental Health and the Law. Karnataka Judicial Academy, July 2001.
34. Neurobiology of Schizophrenia. Presented at the National CME of the Indian Psychiatric Society, Nagpur. August 2001
35. Forensic Psychiatry- Institutional issues with criminally mentally ill. Presented at the Annual Conference of the IPS(Karnataka Branch. September 2001
36. *Alcoholism and its Clinical Management*. Presented at IPSOCON-South Zone CME of the IPS, Thrissur, October 2001
37. Substance abuse disorders and their management. Talk to the Joint IMA branches at Navachaitanya, Chellakudi, Kerala. October 2001
38. Community Drug Rehabilitation Programmes in India. Presentation at the International Conference on Drug Abuse Prevention, Bangkok, December 2001
39. Exemplary Workplace Prevention Programmes from India. Presentation at the International Conference on Drug Abuse Prevention, Bangkok, December 2001
40. Women Drug Users and Burden of Substance Abuse on Women. Findings of the UNDCP ROSA and MSJE Studies (Project D-83) at Drugs are a Women's Issue. National Workshop organised by the MSJE, NC-DAP, UNDCP ROSA, New Delhi, April 2002
41. Pharmacological Management of Substance Dependence. Presentation at the Annual Conference of the Karnataka Psychiatric Society (KANCIPS), Hubli, September 2002
42. Women and Substance Use. HOPE Conference 2002, December 2002
43. Mental Illness. Talk to post-graduates, Home Science College, Bangalore. February 2003
44. MURTHY P (2003) Bridging the gap between epidemiology and service delivery. Paper presented at the ICAHORTA meeting, NIMHANS, Bangalore, March 2003
45. Murthy P (2003) Therapy in alcohol dependence. Kasturba Medical College, Manipal. April 2003
46. MURTHY P (2003). Rehabilitation of Women Victims. Paper presented at the National Symposium on Women Victims. Organised by the National Commission for Women and the Indian Institute of Social Sciences, New Delhi, May 2003
47. Murthy P (2003) talk on Aripiprazole. Sponsored by Sun Pharmaceuticals, Bangalore. June 2003
48. Talk on parenting to parents of new entrants at Mount Carmel College, Bangalore. July 2003
49. Panel discussion on Prevention of Drug Abuse in adolescents. Indian Psychiatric Society, south zone, Annual Conference. Tirupati, October 2003

50. Neuropsychiatry Quiz. Conducted City Level Quiz. Sponsored by Lenbrook Pharmaceuticals. February 2004
51. Pharmacological Management of Addiction. Andhra Pradesh branch of Indian Psychiatric Society Annual Conference, Vijaywada, March 2004
52. Epidemiology and Service Delivery. Presentation at the Annual Conference of the Karnataka Association of Community Health, Bangalore, March 2004
53. Management of Nicotine Addiction. To Association of General Practitioners, Bangalore city, March 2004
54. Alcohol and Tobacco. Address to the Bangalore Science Forum. April 2004
55. Tobacco Cessation- at the meeting on Collaborative Approaches for Comprehensive Tobacco Control in India. Organised by Ministry of Health and Family Welfare, Government of India and Centre for Disease Control, USA, 4-6 June 2004
56. Inaugural Address to employees at MICO during countdown to making MICO smoke free. June 2004
57. Mental Health and Law. Address to Judicial Officers. Karnataka Judicial Academy. March 2004
58. The KSRTC WAPPA Programme on Alcohol and Drug Abuse Prevention at the workplace. Presentation of the Audit. KSRTC Bangalore. 26 April 2004
59. Address on Tobacco dependence Intervention. At the rally held by the Tobacco Consortium, Bangalore 29 May 2004
60. Address on Tobacco related problems – NIMHANS World No Tobacco Day celebrations. 31 May 2004
61. Tobacco Treatment and Outcome: The Indian Experience. Hriday Shan, WHO, CDC, New Delhi 3 June 2004
62. Making MICO a smoke free environment. Chief Guest at MICO programme. 21 June 2004
63. Common Mental illnesses: Address at AMEND family group . 28 August 2004
64. World Mental Health Day. Address on Awareness in Mental Illness. Karnataka State Legal Services Authority and Karnataka Judicial Academy. KJA 10 October 2004
65. Conducting an Assessment of Substance Use in the District. Address to the NGOs of Kozhikode district at the invitation of the Inspector General of Police and Collector Kozhikode. 21 October 2004
66. Tobacco Related Responses. In Addiction Aetiologies to Interventions, Golden Jubilee Symposium, NIMHANS, November 2004
67. Women and Alcohol : The Indian Scene. In In Addiction Aetiologies to Interventions, Golden Jubilee Symposium, NIMHANS, November 2004
68. Audit of the WHO Tobacco Cessation Centres. At the WHO/Ministry of Health and Family Welfare sponsored review meeting of the tobacco cessation clinics, PGI Chandigarh, 20-21 January 2005
69. Organic Treatments at the AIIMH. In Symposium on History of Psychiatry in India. In the International Conference on Psychiatry in the New Millennium, NIMHANS, February 2005
70. Alcohol Related Problems. At Counseling Course of Banjara Academy, February and March 2005
71. Pharmacological approaches in the management of tobacco cessation. At annual CME of the Indian Psychiatric Society, Karnataka Branch, Bangalore, 26 March 2005
72. Alcohol and Drug Abuse in India. Relevance and major focus. EPRG group. Washington University in St Louis. May 2005
73. NIMHANS and Mental Health Research: An Introduction. EPRG group. Washington University in St Louis. May 2005
74. Brief Interventions in Substance Abuse. WHO/Ministry of Health and Family Welfare Govt of India training programme for Medical Officers from S India. NIMHANS, Bangalore, June 2005
75. Nicotine Dependence. WHO/Ministry of Health and Family Welfare Govt of India training programme for Medical Officers from S India. NIMHANS, Bangalore, June 2005
76. Tobacco Cessation Interventions. St John's College of Nursing. September 2005
77. Addictions. Address to lay counselors. Banjara Academy, Bangalore. 15 October 2005
78. Tobacco Cessation Interventions- The Indian Experience. At the National Workshop on Prevention of Non-Communicable Diseases. Indian Council of Medical Research/World Health Organisation/St John's Medical College, 18<sup>th</sup> October 2005

79. Neurobiology of Alcohol Dependence. Guest lecture at the Indian Association of Biological Psychiatry Inaugural Conference. West Bengal. November 2005
80. Psychosocial Interventions in Alcohol Dependence. NCDAP, Ministry of Social Justice and Empowerment, Govt of India. Bangalore, November 2005
81. Refresher course for civil judges on mental health laws. Karnataka Judicial Academy. November 2005, Jan 2006
82. Tobacco Cessation: Principles and Practice. First National Tobacco Control Conference, Tata Memorial Hospital Mumbai. January 2006
83. Workplace Prevention of Alcohol and Drug Abuse. Presented to the medical officers, Bangalore Mahanagara Palike, February 2006
84. Tobacco –Health Related Problems. Counsellors, Dept of Psychology, Christ College, Bangalore, February 2006
85. Alcohol and Tobacco related issues. Guest faculty for special session on Mental Health in India: Agenda for Research and Action held during the International Symposium on Cardiovascular Diseases, Stroke and Diabetes, AIIMS. February, 2006  
Key speaker at the International Conference on creating Drug Free Workplaces/Businesses in Asian Cities organized by the Asian Cities against Drug Abuse, Melaka, 1-4<sup>th</sup> July 2006
86. Spoke on Biological Basis of Addiction, Policy Formulation and Exemplary workplace programme in Asia
87. Guest Lecture on Ill effects of Substances. Awareness Programme organized by Bangalore Mahanagara Palike and Karnataka State Temperance Board. Yavanika.6 September 2006
88. Press Information Bureau. Tobacco Consumption and Consequences. Bangalore ‘Guest Speaker, Indian Medical Association, Kochi on Tobacco Related Problems and Interventions. Organised by the Co-operative Medical College and Rajagiri college, Kochi
89. Speaker at the WNTD celebrations organized by the CFTFK and Jayadeva Institute of Cardiology, May 2006, NIMHANS Convention Centre KAPICON, Bangalore.
90. Guest lecture on Tobacco Cessation Interventions AMEND, Bangalore.
91. Guest lecture on Medication compliance in Psychiatric Illness Reproductive and Sexual Medicine Conference Adolocon
92. Guest Lecture on Adolescence and Drug Abuse. API (Karnataka)
93. Anekal Programme. October 2006. Chief Guest for Mental Health Awareness organized by the judicial magistrate
94. Women and Substance Use. Panelist at the Intercountry consultation on Preventing HIV among drug users. Kolkata, April 2007
95. Guest Speaker on Community Based Treatment of alcohol dependence. CME programme. Kochi. April 2007
96. Guest Speaker. Training of Trainer programmes. Organised by National Drug Deaddiction Centre, AIIMS, New Delhi, sponsored by WHO. Spoke on relapse prevention. March 2007
97. Guest Speaker: Youth, mental health and drugs. At the 5<sup>th</sup> regional conference of IUHPE-SEARB on Youth’s Health, Nation’s Wealth, Bangalore, 22 April 2007.
98. Guest Speaker. “Role of Women in Rehabilitation of drug addicts”. Ministry of Social Justice and Empowerment and UNODC, New Delhi, June 2007
99. Guest speaker; SSMRV Degree College, Silver Jubilee year, Health Week celebration. Substance Abuse. 22<sup>nd</sup> August 2007
100. Guest Speaker. Substance Use and Youth. Bangalore University. October 2007
101. Guest Speaker, Seminar on Mental Health Act. Organised by the Karnataka State Legal Services Authority, District legal Service Authorities, Bangalore Urban and Rural and the Bishop Cotton’s Women’s Christian Law College, Bangalore, 26<sup>th</sup> October 2007.
102. Formulation of an alcohol policy in India. Panelist. National meeting on policy formulation. National Drug Dependence Centre, All India Institute of Medical Sciences, New Delhi, December 2007.
103. Women and Substance use in India at the International Conference on Opportunistic Pathogens in AIDS (ICOPA-India), New Delhi, January 2008



104. Guest speaker. Women and Substance Use in India: Dimensions and Ramifications. Response Beyond Borders. International Conference on Substance abuse prevention. Goa. January 2008
105. Invited speaker. Women and alcohol use in India. At the NIMHANS/Fogarty/ICHORTA symposium, NIMHANS, February 2008.
106. NHRC/National Law School University of India/NIMHANS. Quality Assurance in Mental Health. At the National Conference On Mental Health And Human Rights NLSIU, Bangalore, May 2008
107. NHRC/NIMHANS. Meeting of Health Secretaries and Mental Health Authorities of all States/UTs. NIMHANS, May 2008. Presentation on Human Rights and Mental Illness
108. Guest speaker, Training workshop on Tobacco Control for State Programme Managers, organized by the Public Health Foundation of India, Johns Hopkins, USA, Ministry of Health and Family Welfare, Govt of India and WHO country office, New Delhi, 2 July 2008
109. Guest speaker, Tobacco related consequences and cessation. Robert Bosch Pvt Ltd. On the occasion of declaring their workplace smokefree, 3 July 2008
110. Dubai 2009
111. Guest speaker in the symposium on Rights of women with psychiatric illness in the contemporary world-the need for introspection, 18-19 January, Jaipur.
112. WASHU 2010
113. Ahmedabad 2010. TOT for inclusion of tobacco and intervention
114. Guest Speaker at the Workshop on 'Ensuring Rights of Persons with Mental Illness and Persons with Psychiatric Disabilities, Richmond Fellowship Society, 23 June 2010
115. Moderator during the seminar on Perspectives on Mental Health in India. The Banyan, July 1-3, 2010
116. Treatment Programs for Addictions. Lecture to students of Social Work from the College of Social Work, Ohio, USA, organized by the Richmond Fellowship Society, Bangalore, 11 August 2010
117. Panelist on Health and Wellness. Indo-Chinese workshop held by Unilever India. September 2010.
118. Guest speaker, Inauguration of workplace intervention for addiction, South Central Railways, Hyderabad, September 2010
119. Plenary speaker, Tobacco cessation interventions in India, 2<sup>nd</sup> National Conference on Tobacco or Health, Tata Memorial Hospital, Mumbai, 23-25 September 2010.
120. Guest speaker, Biology of addiction and pharmacotherapy for addiction. 2<sup>nd</sup> National Conference on Tobacco or Health, Tata Memorial Hospital, Mumbai, 23-25 September 2010.
121. Guest speaker, Integrating psychosocial issues with Health at the workplace. Aeronautic Development Establishment, 28 September 2010.

#### **Other Presentations:**

1. Taly, A.B., Gourie Devi, M., Shetty, K.T., Desai, N.G., **MURTHY P**, (1986) *Alcoholic Neuromyopathy* : Paper presented at the NIMHANS-ADAMHA Symposium on Alcohol and Drug Abuse, Bangalore.
2. Mannali V, Ram JR, Sathyanarayana V, **MURTHY P** (1991) Neuroleptic Rechallenge in neuroleptic malignant syndrome with residual features. Paper presented at the 43<sup>rd</sup> Annual Conference of the Indian Psychiatric Society, New Delhi
3. Chakraborti S, Jaison MA, **MURTHY P** et al (1992) Male Hysteria revisited. Paper presented at the 44<sup>th</sup> Annual Conference of the Indian Psychiatric Society, New Delhi
4. Kumar P, **MURTHY P**, Khanna S (1993) Marfan's Syndrome with Mania. Paper presented at the 45<sup>th</sup> Annual Conference of the Indian Psychiatric Society Lucknow
5. Kumar, U., **MURTHY, P.**, Jayaramaiah, N. (1994) Alcohol related medicolegal emergencies. Paper presented at the Annual Conference of Indian Psychiatric Society, Madras.
6. Prasad, S., **MURTHY, P.**, Verma, V., Gopinath, P.S (1994) Female alcoholics : Patterns of drinking and trends in personality and adjustment. Paper presented at Indian Psychiatric Society (Karnataka) Conference, Manipal.
7. Murthy, N.V., Benegal, V., **MURTHY, P.** (1995) Help seeking in female alcoholics. Abstracts of scientific papers presented at the 47<sup>th</sup> Annual Conference of the Indian Psychiatric Society, Indian Journal of Psychiatry, No. 37, 2 (supplement), 8.

8. Benegal, V., Murthy, N.V., Choudhary, P., **MURTHY, P.** (1995) Patterns of Initiation of alcohol intake in women. Abstracts of scientific papers presented at the 47<sup>th</sup> Annual Conference of the Indian Psychiatric Society, Indian Journal of Psychiatry, No 37,2 (supplement), 7.
9. Mallika, R., **MURTHY, P.**, Paul, S., Gopinath, P. (1995) Patient profile in a De-addiction Center-a clinical audit. Abstracts of scientific papers presented at the 47<sup>th</sup> Annual Conference of the Indian Psychiatric Society, Indian Journal of Psychiatry, No. 37, 2 (supplement), 21.
10. **MURTHY, P.**, Pandian, D., Vijayakumar, M. (1995) Agencies of referral to a de-addiction service. Abstracts of scientific papers presented at the 47<sup>th</sup> Annual Conference of the Indian Psychiatric Society, Indian Journal of Psychiatry, No. 37, 2 (supplement), 21.
11. **MURTHY, P.**, Prasad, S., Gopinath, P.S. (1995) Treatments in Alcoholism : Critical local issues. Richmond Fellowship International Symposium on Psychosocial Rehabilitation, Bangalore.
12. **MURTHY P**, Reddy JYC, Prasad BCM, Channabasavanna SM, Joseph M, Khanna S (1995) Forensic Psychiatry in India. Paper presented at the Young Mental Health Professionals' Workshop, NIMHANS, Bangalore
13. **MURTHY P** (1995) Judicial initiatives in psychiatry. Paper presented at the Young Mental Health Professionals' Workshop. NIMHANS, Bangalore
14. Kapur RL, Raguram R, **MURTHY P** (1995) Mental Health Care in India and the Global Context. Paper presented at the Seminar on World Mental Health: Problems and priorities in low income countries. New Delhi
15. **MURTHY P**, Jayakumar M (1996) Delusion of Infestation and Multimodal Hallucinations due to a Corpus Callosum Glioma. Paper presented at the 48<sup>th</sup> Annual Conference of the Indian Psychiatric Society, Bangalore
16. Raghu, T.M., **MURTHY, P.**, Subbakrishna, D.K., Gangadhar, B.N., Janakiramiah, N. (1996) Duration of hospital stay and confidence to control drinks in alcoholics. Paper presented at the 48<sup>th</sup> Annual Conference of the Indian Psychiatric Society, Bangalore
17. Sarkar, M., **MURTHY, P.**, Kaliaperumal, V.G., Channabasavanna, S.M. (1996) Psychiatric Morbidity in Cannabisism. Poster presented at the CPDD Annual Conference, San Juan, Puerto Rico.
18. Chandra S, Jain S, **MURTHY P**, Kaliaperumal VG, Joseph M (1996) The 'Mad Natives"-Diagnosis and Outcome:1900. Paper presented at the 48<sup>th</sup> Annual Conference of the Indian Psychiatric Society, Bangalore
19. Sarkar, M., **MURTHY P** Kaliaperumal, V.G., Channabasavanna, S.M. (1996) Cannabis Psychosis. The Affective Angle. Paper presented at the 48<sup>th</sup> Annual Conference of the Indian Psychiatric Society, Bangalore.
20. **MURTHY P**, Prasad KMR, Reddy J, Channabasavanna SM, Joseph M, Gater R (1996) Mentally Disordered Offenders referred to a Psychiatric Service. A Twelve Decade Experience. Paper presented at the WPA Conference, Madrid, Spain, August 1996
21. Prasanna, C.L.N., **MURTHY P**, Eranti, V.S., Raghu, T.M., Gowda, R.R., Keerthana, R., Mohan, K.I. (1998) Alcohol use in families of psychiatric inpatients: Relevant issues. Abstracts of scientific papers presented at the Golden Jubilee Annual National Conference of The Indian Psychiatric Society, Jaipur. IJP 40 (supplement):20
22. Eranti, V.S., **MURTHY P**, Prasanna, C.L.N., Gowda, R.R., Raghu, T.M., Keerthana, R., Mohan, K.I., (1998) Patterns of alcohol use in psychiatric inpatients. Poster presented at the Golden Jubilee Annual National Conference of The Indian Psychiatric Society, Jaipur. IJP 40 (supplement):84
23. Chopra MP, Ranjit R, Met BL, Subbakrishna DK, **MURTHY P** (1998). An open trial of salbutamine (arcalion) for narcolepsy. Abstracts of scientific papers presented at the Golden Jubilee Annual National Conference of The Indian Psychiatric Society, Jaipur. IJP 40 (supplement):27
24. Haridas, V.T., Taly, A.B., **MURTHY, P.**, Rao, S. (1997) Chronic Neurological complications in alcohol dependent population - a prevalence study. Paper presented at the Annual Conference of the Indian Society of Neurology, 1997.
25. Benegal, V, **MURTHY P**, Jain S (1998) The Lunatic asylum in Bangalore. Indian Psychiatric Society (Karnataka Branch) newsletter,4, 14-15
26. Harish, MG., **MURTHY, P.**, Ananda, Prathima, S., Gowda, S., Karuppuchamy, S. (1999) Prevalence of tuberculosis in patients with alcohol dependence. Abstracts of scientific papers presented at the 51<sup>st</sup> annual national conference of the Indian Psychiatric Society, Indian Journal of Psychiatry,41, supplement, 25.
27. **MURTHY, P.**, Venkatesh, AGK., Anand Kumar, Gowda, S., Karuppuchamy, S., Prathima, S, Harish, MG. (1999) Prevalence and patterns of alcohol and tobacco use in a neuropsychiatric screening clinic. Abstracts of scientific

papers presented at the 51<sup>st</sup> annual national conference of the Indian Psychiatric Society, Indian Journal of Psychiatry, 41, supplement, 34.

28. **MURTHY P** (2000) State of Mental Hospitals. Presented at the National Human Rights Symposium. National Conference of the Indian Psychiatric Society, Kochi
29. Jain S, **MURTHY P** (2003) Madmen and Specialists: The Lunatic Asylum, Bangalore and its Successors. National Workshop on Urban History of Bangalore. Organised by Christ College, Bangalore and the Indian Council of Historical Research, New Delhi, March 2003
30. Saddichha Sahoo, Dorothy Perpetua Rekha, Mohan K Isaac, Pratima Murthy, Vivek Benegal. A Study on the Knowledge, Attitude and Practice of Nicotine Dependence and Treatment Among Health Professionals in Bangalore. Poster presentation at the International Conference on Psychiatry in the New Millennium, Bangalore Feb 2005
31. Saddichha Sahoo, B K Patil, Dorothy Perpetua Rekha, Mohan K Isaac, Pratima Murthy, Vivek Benegal. An Outcome Study of Tobacco Cessation Interventions at NIMHANS. Poster presentation at the International Conference on Psychiatry in the New Millennium, Bangalore Feb 2005
32. Saddichha Sahoo, B K Patil, Mohan K Isaac, Pratima Murthy, Vivek Benegal, Dorothy Perpetua Rekha. A Comparative Study of Bupropion and Selegeline in the Treatment of Nicotine Dependence. Poster presentation at the International Conference on Psychiatry in the New Millennium, Bangalore Feb 2005
33. Lakshmi Sankaran, Pratima Murthy, Vivek Benegal, Pratima Mohite, Venkatesh Naik, Hanumantharaya, Govindaraj Impact of Workplace Initiative in an Alcohol Prevention Programme. Poster presentation at the International Conference on Psychiatry in the New Millennium, Bangalore Feb 2005
34. Agarwal J, Anoop Kumar KV, Malhotra S, John JP, Murthy P. A Study on Subjective Well Being and its Determinants. Poster presented at the International conference on Psychology, NIMHANS, July 26-29, 2007
35. Gupta A, Murthy P, Rao SL, Gopu Kumar, Chand PK. A short neuropsychological screening examination in alcohol dependents. Poster presented at the International conference on Psychology, NIMHANS, July 26-29, 2007
36. Pratima Murthy, Ashita Mittal, Pushkar Singh, Gopika Raina. Women and Substance Use in India: Deeper Insights. Poster presented at the Society of Prevention Research (SPR), San Francisco, USA, May 2008
37. Nattala P, Nagarajaiah, Murthy P. Individual versus dyadic relapse prevention among alcohol dependent individuals in de-addiction unit at NIMHANS, Bangalore, India. Poster presentation at the College of Problems of Drug Dependence (CPDD) annual conference, June 2008, Puerto Rico.
38. Subodh BN, Madhusudhan S, Chand PK, Benegal V, Murthy P (2009) Experiences of Buprenorphine for opioid abusers from a tertiary care centre in South India. Paper presented at the 61<sup>st</sup> Annual National Conference, Indian Psychiatric Society, Agra
39. Nadh UR, Subodh BN, Madhusudhan S, Chand PK, Benegal V, Murthy P (2009) Paper presented at the 61<sup>st</sup> Annual Long term outcome in opioid dependence: Comparison of Buprenorphine with other treatments National Conference, Indian Psychiatric Society, Agra
40. Dhanya R, Subodh BN, Madhusudhan S, Chand PK, Benegal V, Murthy P (2009) Drug prescription patterns for patients with alcohol dependence. Paper presented at the 61<sup>st</sup> Annual National Conference, Indian Psychiatric Society, Agra
41. Sivaraman S, Subodh BN, Madhusudhan S, Chand PK, Benegal V, Murthy P (2009) Clinical profile of substance dependent women attending a tertiary care psychiatric hospital in south India. Paper presented at the 61<sup>st</sup> Annual National Conference, Indian Psychiatric Society, Agra
42. Abish A, Subodh BN, Madhusudhan S, Chand PK, Benegal V, Murthy P (2009) HIV seroprevalence in patients with substance dependence. Paper presented at the 61<sup>st</sup> Annual National Conference, Indian Psychiatric Society, Agra.

### **Workshops participated**

1. Workshop for Medical Superintendents of Mental Hospitals on Quality Assurance in Mental Health 1999
2. Workshop for Health Secretaries on Quality Assurance in Mental Health 1999

3. Workshop for judicial officers on Acts relevant to mental health, Nimhans, October 2000
4. Minimum standards for NGO's working in substance abuse management. New Delhi. Jan 2001.
5. National Review Meeting of Tobacco Cessation Clinics sponsored by WHO/MOH, Chandigarh, Jan 2005
6. National Review Meeting of Tobacco Cessation Clinics sponsored by WHO/MOH, Goa, October 2005
7. NIMHANS –Consultative meeting for 11 th 5 year plan. October 2006
8. Intercountry consultation on Preventing HIV among IDU's, World Bank. Kolkata. 10-11 2007
9. International conference on Psychology, NIMHANS. Chaired session on Psychosocial Interventions, July 2007, Bangalore
10. Workshop on Standard Treatment Guidelines, Peer Review meeting. Organised by the Ministry of Health and Family Welfare, Govt of India and World Health Organisation, Armed Forces Medical College, Pune, 26 August 2007
11. National Review Meeting of TCCs, WHO, Chennai, October 2007
12. NIMHANS/Fogarty/ICHORTA symposium, February 2008
13. International workshop on Alcohol Misuse in India organized by the Alcohol Research Group, Berkely, U.S.A and Sangath, Goa, December 2007
14. NHRC/National Law School University of India/NIMHANS. NLSIU. National Conference On Mental Health And Human Rights, May 2008
15. NHRC/NIMHANS/ Workshop. Meeting of Health Secretaries and Mental Health Authorities of all States/UTs. NIMHANS. May 2008
16. Discussion of first draft amendment of the Mental Health Act. Meeting organized by the Ministry of Health and Family Welfare, Govt of India. NIMHANS, April 2010.

### **Workshops conducted**

1. Two Workshops on Networking and cross-networking for alcohol and drug abuse prevention : NIMHANS 1995,1997
2. Three ILO Workshops on Community Based drug rehabilitation for helping services
3. and on Workplace Prevention, September1996 and May 1997, May 1998
4. Workshops for medical officers from the Southern States on Drug Abuse management and prevention, September 2000, December 2000, March 2001,June 2001
5. ANCIPS Jan 2001 Workshop on post-graduate education
6. ILO NIMHANS Deccan Herald workshop on SOLVE 27 September – 1 October 2004
7. National Review Meeting of Tobacco Cessation Clinics sponsored by WHO/MOH, Bangalore, January 2004
8. WHO workshop on training for tobacco dependence for regional cancer centers under the expansion of the tobacco cessation centers, NIMHANS, 15-19 March 2005
9. WHO Ministry of Health and Family Welfare, Government of India. Workshop on Addiction management for medical officers from South India, NIMHANS 20-25 June 2005.
10. Workshop on research protocol presentation. Under Fogarty Programme. NIMHANS. December 2005
11. BMP Medical Officers and Inspectors. One day workshop on alcohol and drug prevention at workplace. NIMHANS, February 2006
12. Workshop on Mental Health Research in South Asia: Agenda for Action. At the International Conference on Cardiovascular Diseases and Diabetes. New Delhi. February 2006
13. Symposium on Substance Use in the community for NGOs. November 2006
14. Training on Tobacco Cessation for staff of Deccan Herald, November 2006
15. Workshop on presentation skills for post graduates led by Professor Norman Sartorius, NIMHANS. December 2006
16. WHO/Ministry of Health and Family Welfare, Govt of Karnataka. Workshop for Medical Officers from South India on Substance Abuse Management. January 2007
17. One day training on Superintendents of Jails in Karnataka on Mental Health and Substance Use, March 2007

18. One day PG CME for dental students on tobacco cessation. NIMHANS. July 2007
19. One day workshop for medical officers on substance abuse management. In collaboration with JSS Medical College and Dept of Health and Family Welfare, GOK, October 2007
20. Enhancing Professional Skills in Psychiatric Research. NIMHANS/Fogary/ICHORTA project. Nimhans, Feb 2008
21. Workshop on Development of a National Treatment Policy for Drug and Alcohol Use. March 9<sup>th</sup>, NIMHANS, Bangalore
22. PG workshop on How to plan and conduct research. Narayana Hrudayalaya, Bangalore, April 2008

## Video

01. **MURTHY, P.**, (1993) *Alcohol and ill health*. Video for medical officers, Manchester University, U.K.
02. **MURTHY P, WEBSTER L (1993)** Introduction to Psychosexual Disorders. Video for psychiatric trainees, University of Manchester, UK

## PUBLIC EDUCATION AND AWARENESS :

01. Talk on All India Radio on *Responding to Substance Abuse*
02. Talk on All India Radio on *Problems in Adolescent girls*
03. *Between the cup and the lip* : article on preventing alcohol problem use in Deccan Herald January 2, 1998
04. Participation in a TV programme on Doordarshan on *Preventing Substance abuse in children*, February 1998
05. Participation in a Doordarshan TV Panel Discussion on Women and Mental Health, September 1998
06. Participation in a AIR Radio Talk on Problems of Women prisoners, November 1998
07. Jain,S., Murthy, P., Benegal V (1998) NIMHANS - 150 years young. Sunday Herald, Nov 1
08. Lectures on Alcohol and Drug Abuse at various centres: Police, Forensic Science Laboratory, MICO, Mother Diary, DRDO, Social Forestry Department, Govt. of Karnataka, 1999-2000
09. Radio program on Counseling, August 2000.
10. Women and Mental Health. Kalyani E\_TV. February 2001
11. Specialist for Weekly Phone in programme on Mental health problems- Hello Geleyare. Doordarshan. October/November 2001
12. Healing with a Humane Touch. Article in Deccan Herald by Melvin Chagas Silva, Sanjeev Jain, Pratima Murthy, June 2002
13. Assisted in developing and editing a series of pamphlets for Common Mental Disorders brought out by AMEND, an association of family members of the mentally ill, Bangalore, 2001-2002
14. 50 years of NIMHANS. Golden Jubilee Commemorative Volume. NIMHANS. February 2004
15. Aaj Tak: Interview on workplace prevention of alcohol related problems. 2 July 2004
16. Tobacco addiction. Zee TV kannada show, May 2006
17. Hello Gelayare. Phone in Programme on occasion of world Mental Health Day. Chandana TV, October 2006
18. Acts of Kindness. Article in Deccan Herald. 19 January 2007
19. Beating Stress. On the Big Fight. NDTV Bangalore.
20. Alcoholism: On Jeevan Rekha, live phone in programme CTV. April 2007
21. Addiction related Problems. Udaya TV, Bangalore Doordarshan, May 2007
22. Addiction and Mental Health, Panel discussion on Siti Cable, Tirupati, June 2007
23. Sudha Raghavendra, Pratima Murthy. Tobacco Related consequences. Article in Sudha Kannada magazine. 2007
24. Tobacco Cessation. Suvarna Karnataka TV. May 2008